嘉諾撒小學

Canossa Primary School

嘉農集

2023-2024

學生作品集



序

敬愛的同學們：

我由衷感到欣喜與光榮，能為你們的作品集《嘉農集》撰寫序言。這本集子彙集了你們過去一年的傑出成就，展現了你們豐富多彩的才華和創造力，令我欽佩不已。

學校一直鼓勵同學盡情發揮天主賦予的塔冷通，以自身的特質來回饋社會。在此，我衷心希望你們能珍惜這份寶貴的天賦，勇敢地為實現夢想而奮鬥，不放棄自我，全力發揮內在的無限潛能。

去年，學校添置了許多全新設施，旨在進一步培養同學的多元化才能。其中，「聖柏姬達跑道」不僅鍛煉同學的運動技能，更能培養你們面對人生種種挑戰時所需的堅韌品格。另一方面，「中華文化廣播室」為同學提供了發展多媒體創作及傳承優秀中華文化的寶貴機會。我深信，透過善用這些設施，各位必能在自己的專長領域中更上一層樓，突破自我，創造非凡。

同學們，你們擁有無窮無盡的可能。無論是透過實體展覽、網上平台，還是虛擬空間，都是你們盡情展現自我才華的絕佳時機。我衷心期望你們勇於嘗試，勇於創新，勇於超越，憑藉堅定的意志和不懈的努力，定能在未來的人生道路上綻放耀眼的光芒，實現夢想！

讓我們一起為嘉諾撒小學譜寫光輝的一頁！

主佑！

孫福晉校長

2024年5月



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中文科

2023-2024

中文作品



沙灘遊記

1A 區家晨



今天是星期天，我和家人一起到沙灘遊玩。人們在沙灘上有不同的活動，有些人在游泳，有些人在海中打水球，還有些人坐在沙灘椅上看書和曬太陽。我和媽媽在海裏自由自在地游泳，哥哥在沙灘上堆城堡。這一天，我感到很難忘。



到郊野公園去

1A 朱域治

星期天早上，爸爸、媽媽帶我和哥哥到美麗的郊野公園去。郊野公園裏有一片綠油油的草地，有小鳥在快樂地吱吱叫，還有小鴨在池塘裏自由自在地游泳。在郊野公園裏，人們可以欣賞漂亮的花兒，可以快樂地踢球，也可以開心地散步。我和哥哥在綠油油的草地上踢足球，小狗也跟着跑來跑去。這一天，我感到十分愉快。

旅行日

1A 李樂妍

旅行日那天，老師帶同學們到美麗的郊野公園遊玩，大家都十分興奮。

到達目的地後，我看到那裏的風景很美麗，有高大的樹木，有漂亮的花兒，還有綠油油的草地。

自由活動時，同學們進行不同的活動，他們有的跳繩，有的玩捉迷藏，有的打球。我和同學坐在草地上野餐，分享美味的食物，有三明治、糖果、水果和果汁，大家一起談天，十分愉快。

黃昏時，我們乘坐旅遊巴士回家去。這次旅行，雖然我感到很疲倦，但也十分快樂啊！



我最喜歡的動物

1B 梁灼研

我最喜歡的動物是大象。牠的外型十分巨大，還有一條長長的鼻子，可以搬重物。牠最愛吃香蕉。我喜歡大象，因為牠是人類的好朋友。

遊公園

1B 雷子諾

今天是星期天，我和外公一起在公園裏快樂地散步。公園裏有很多色彩繽紛的鮮花，有可愛的小鳥在樹枝上唱歌，還有小蝴蝶在花間裏愉快地飛來飛去。我和外公在公園裏一邊散步，一邊賞花。這一天，我感到十分難忘。





沙灘遊記

1B 陳睿霆

今天是星期六，我和爸爸一起到海灘遊玩。海灘上，人們有不同的活動，有些人在專心地堆沙，有些人在快樂地游泳，還有些人在愉快地玩沙灘球。我和爸爸在海灘上玩耍。這一天，我感到又高興又難忘。

旅行日

1C 卓亦希

旅行日那天，老師和同學們到美麗的郊野公園遊玩。郊野公園的風景很美麗，有翠綠的樹木，有漂亮的小花，還有綠油油的小草。同學們有的在打球，有的在野餐，有的在跑步，還有些同學在聆聽老師說故事。我和同學們在草地上捉迷藏，大家互相追逐，十分愉快。這次旅行，雖然我感到十分疲倦，但是我覺得很快樂。





到郊野公園去

1C 章柏健

星期天，媽媽帶我到郊野公園遊玩。

郊野公園裏有形態各異的花草樹木，有漂亮的蝴蝶在花朵上採花蜜，還有小鴨和小魚在池塘裏快樂地游泳。

在郊野公園裏，大家可以愉快地唱歌，可以快樂地踢足球，也可以欣賞美麗的花兒。我在郊野公園裏快樂地跑來跑去，我感到很高興。

這一天，我感到十分開心和難忘。

到郊野公園去

1C 黎梓樂

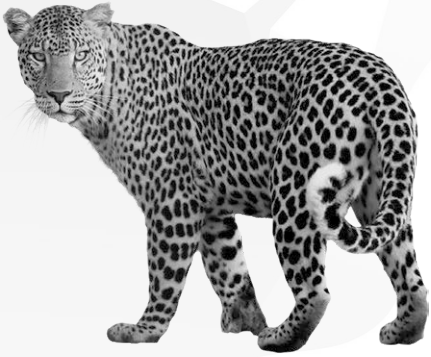
星期天，媽媽帶我到郊野公園遊玩。

郊野公園裏有飛來飛去的小鳥，有綠悠悠的草地，還有漂亮的蝴蝶。在郊野公園裏，人們可以欣賞風景，可以唱歌，也可以踢球。

媽媽和我手牽手，一邊散步，一邊欣賞漂亮的花兒。這一天，我感到又開心又難忘。



我最喜愛的動物



1D 黃啟晉

我最喜愛的動物是美洲豹。牠有黃黃的毛和黑色的斑點。牠會爬樹和游泳，最喜愛吃肉。我喜愛牠，因為牠的樣子和耳朵都很可愛。



我最喜愛的動物

1D 黃祉喬

我喜歡小倉鼠，牠有胖胖的身軀、圓圓的眼睛和短短的尾巴。牠愛吃瓜子，常常在輪子上跑步。因為小倉鼠很可愛，所以我很喜歡他。

到海灘去

1D 馮麒靜



今天是星期天，我和家人一起到海灘游泳。

人們在海灘裏有不同的活動，有些人在認真地看書，有些人在專心地堆城堡，還有些人在海中跟媽媽學習游泳。我和家人在海灘裏共享天倫之樂，十分愉快。

這一天，我感到很難忘。

遠足記

2A 陳欣悅

星期天，天氣晴朗，小玲和爸爸媽媽一起到郊野公園去遠足。沿途，他們看見美麗的風景，有高大的樹，有漂亮的花等，小玲感到很開心。



後來，他們感到疲倦，便坐在石頭上休息。小玲提議說：「不如喝點兒水吧！」爸爸說：「好啊！」他們呼吸到清新的空氣，感到很開心。

休息後，他們走到半山，並停下來拍了一些照片，小玲說：「我很累。」媽媽說：「加油，我們很快就會到山頂的。」

到達山頂後，他們看見優美的風景，感到十分開心。那天的遠足活動，令他們一家都感到又快樂又難忘。

迎新春

2A 郭承恩

年三十那天晚上，爸爸、媽媽、我和妹妹一起吃豐富的團年飯，有蝦、魚、雞鯰……我最愛吃蝦。

吃過團年飯後，我們就出發到年宵市場去。到達後，那裏人山人海，非常熱鬧。我看見各式各樣的攤檔，有賣氣球、年花和新年飾品等，我感到十分興奮！

逛完年宵市場，我們買了很多精美的年貨。爸爸捧着顏色鮮豔的桃花，我也捧着一盤清香的水仙花，媽媽還給妹妹買了一個漂亮的氣球，大家都感到很滿足。



回家後，我便跟妹妹把家裏佈置得美輪美奐。媽媽說我和妹妹佈置得很美，爸爸準備紅包過新年，大家都很高興。

旅行日

2A 莫貝筠



星期四，老師帶同學們到粉嶺浸會園旅行。同學們乘搭旅遊巴士出發，大家又興奮又期待。

到達目的地後，老師先帶我們參觀浸會園，那兒風景十分美麗，有很多花草樹木。同學們有的跳繩，有的玩捉迷藏，有的玩打球。我和同學在公園玩耍，大家都感到十分開心。

然後，我們都累了，便坐在草地上休息。大家一起吃水果、三文治、曲奇餅和巧克力，十分滋味。我們一面欣賞風景，一面吃食物，感到十分高興。

最後，到了下午一時，我們要回學校了。離開前，老師要我們清理垃圾，保持地方清潔。這一天，我們感到十分愉快。

雲的聯想

2B 崔梓洋

昨天早上的白雲，
像甜甜的棉花糖，
我和妹妹都爭着想吃。

今天下午的白雲，
像可愛的白兔子，
我和媽媽都想抱着牠。

明天早上的白雲，
會像輕輕的羽毛，
自由自在地飄浮在空中嗎？

白雲呀！
你真有趣！
為甚麼你喜歡變來變去？

迎新春

2B 高曉琳

年三十那天晚上，我們一家人在家裏吃豐富的團年飯。團年飯有蝦、冬菇炒油菜、白切雞、魚和西檸雞塊，我最喜歡吃的是蒸魚。

吃過團年飯後，我們一家一起逛年宵市場。那裏有各式各樣的攤檔，有賣年花的，有賣春聯的，有賣氣球的……四處人山人海，氣氛很熱鬧。

逛完年宵市場，我買了氣球，哥哥買了水仙花，爸爸買了桃花，媽媽買了年桔，我們都感到興高采烈呢！

回家後，我們馬上精心地佈置我們的家居。媽媽煮湯圓，爸爸整理全盒和封紅封包，我和哥哥一起貼揮春。這一晚，我感到很興奮，很期待新年的來臨。



勤學的哥哥

2B 賴衍同



每天放學後，哥哥都會在房間裏用心地温習。

每當遇到不懂的功課，他會主動向媽媽請教。媽媽也會耐心地教導他，幫助他解答難題。

考試成績表派發了，他考獲了全科優異的成績，媽媽高興得豎起大拇指，稱讚他是一位品學兼優的好學生。

最後，媽媽送了一份精緻的禮物給哥哥作為獎勵，他十分興奮，還決定以後繼續努力學習，爭取好成績。

雲的聯想

2C 陳海茵



我躺在公園裏的草地上看着白雲，
白雲像一隻美麗的白毛鳥，
在天空中慢慢地飛。

我站在學校的走廊看着雲朵，
白雲像一朵白色的花，
在天空中盛開。

我坐在椅子上看白雲，
白雲像一塊大大的白板，
在天空中掛着。

白雲，我真的很喜歡你啊！

旅行日

2C 張逸晞

上星期四，老師帶領我們到粉嶺浸會園旅行。我們在那兒看到很多美麗的風景，又一起進行了很多不同的活動，愉快極了！

到達目的地後，我們首先在綠油油的草地上打羽毛球。接着，大家又一起捉迷藏，非常投入。一會兒，有的同學踢足球，有的同學跳繩，大家都玩得十分快樂。

然後，大家坐在地墊上野餐。我們吃了肉腸、三明治、雞翅膀和糖果。大家互相分享帶來的食物，吃得津津有味呢！

最後，大約下午一時，老師吩咐我們先收拾帶來的垃圾，再帶領我們乘坐旅遊巴士回校解散。在旅遊巴士上，大家都感到依依不捨，因為這次旅行令我們非常難忘。



下雨天

2C 黃啟誠

今天上學的時候，天色陰暗，媽媽提醒我要帶雨傘上學。可是，我沒有聽從她的勸告，沒有帶雨傘出門。

放學的時候，天空突然下起大雨，於是我狼狽地用書包遮擋雨水，急忙地跑回家，這時，我感到很後悔。

在回家的路上，雨愈下愈大。我在等待過馬路時，車子駛過時濺起的水花，令我的衣服濕透了。



回家後，我生病了。我感到四肢無力和發燒。媽媽要我躺在床上休息和依時吃藥。

經過這件事，我明白了一定要聽從媽媽的勸告。

迎新春

2D 陳梓玥

年三十那天晚上，我們一家人在家裏吃團年飯。這頓飯的菜式非常豐富，有魚肉、雞肉、炒牛肉、蝦……我最愛吃的是炒牛肉，我跟媽媽說：「媽媽，您做的飯真好吃！」

吃過團年飯後，我們一起去逛年宵市場。那裏有很多攤檔，有賣花的、賣玩具的、賣揮春……各式各樣的貨品，供人們選購。那兒氣氛很熱鬧，我聽到攤檔的老闆叫道：「快來啊！快來啊！再不快點來，便宜的揮春就賣光啦！」

逛完年宵市場，我們一家人分別買了水仙花、元寶吊飾和小熊氣球。爸爸捧着桃花樹，我拿着小熊氣球，哥哥拿着他最喜愛的水仙花，而媽媽就在跟花卉老闆找零錢。當我們想走的時候，媽媽突然說道：「花卉老闆多找了八塊錢！」我們連忙把錢還給花卉老闆。

回家後，我和哥哥在裝飾桃花樹，爸爸在封紅包，媽媽煮了美味的湯圓。我和哥哥看到湯圓後，立刻去洗手，然後吃湯圓。我心想：今天真開心，希望新一年也會幸福快樂。



下雨天

2D 張紫瑤

今天上學的時候，天氣非常晴朗，可是媽媽提醒我要拿雨傘。我說：「不用了！不用了！」然後我就快步上學去。

放學的時候，天色變得陰暗起來，雨突然越下越大。我心想：早知如此，我上學的時候就應該聽從媽媽的勸告。



在回家的路上，我聽見雨嘩啦嘩啦地落下來。馬路上的車子濺起了水花，弄得我全身濕透，看見路上的行人都拿着雨傘急忙地趕回家去，我感到十分狼狽。

回家後，我感到四肢無力。媽媽說：「你感冒了，要多休息和多喝水。」

在這件事中，我明白到媽媽所有善意的提點，都是為我們好的，我們應該聽從。

雲的聯想

2D 劉宇駿

我站在公園的滑梯上看白雲。
那些白雲真大！

白雲就像奶白的椰子汁，
把椰子汁倒進藍藍的杯子裏，
喝一口就爽。

白雲還像美味又香甜的牛奶，
我帶到學校喝，
呀！不小心撒了一地。

白雲啊，你真美味！

難忘的生日

3A 李雨桐

今天是我的生日，家人給了我一個難忘的生日——第一次溜冰。

首先，我們來到又一城商場，媽媽先帶我去看看溜冰場的環境。在溜冰場上，有很多人快速地移動，也有人扶着場邊的把手緩緩地走動。我懷着興奮的心情，期待自己快點上場，而等待總是漫長的。終於到我了，媽媽幫我戴好護手、腳套，穿好溜冰鞋，並戴好頭盔，做好安全措施，沒想到我身體不平衡，一動就摔，把我的激情都摔沒了。

接着，媽媽一直扶着我不敢放手，這時我的身邊出現了一位小姐姐，她溜冰溜得很棒，她教我放鬆一點，身體要向前，腳不能太直。她說得很簡單，可是我做起來很難，只要媽媽一放手，我就會摔倒。小姐姐看見這情況，就在我面前示範，她如此熱心教我，我便更努力地去學。從有人在旁扶着，到媽媽慢慢試着放手，再到自己走……在姐姐的指導和帶領下，我慢慢地掌握溜冰的技巧，也可以享受溜冰的樂趣了。

最後，回家時，媽媽還買了美味又漂亮的生日蛋糕為我慶祝，我真的很開心。

有些事看起來很簡單，做起來卻很難，我很感謝熱心姐姐的幫助和家人的陪伴，讓我渡過了一個特別難忘的生日。



旅行日

3A 葉芍蓁

十一月二十三日是我們學校的旅行日，白老師帶領我們到粉嶺浸會園遊玩。大清早，我和同學們都回到學校，準備乘坐旅遊巴士出發，大家都很期待。

我們來到目的地後，看見這兒的地方十分大啊！這兒的設施也很多，有公園、小食部、射箭場、充氣城堡和籃球場等。首先，我和同學們興高采烈地玩了很多公園設施：攀登架、溜滑梯、兒童繩網……接着，我拍了很多山清水秀的照片。最後，我們都玩得滿身大汗，所以我們一起買雪糕吃。

不久，我們肚子餓了，便去買東西吃。我們一邊吃東西，一邊享受大自然的美麗風光，我們聽到小鳥在唱美妙的歌聲，聞到花妹妹淡淡的清香，看到花間互相追逐的美麗蝴蝶，還有天上像一隻隻綿羊的白雲……感謝天主賜給我們好天氣，到處都有美麗的環境和小動物。



最後，我、同學們和白老師都依依不捨地回校。這天，我感到十分開心，我很期待下次旅行的來臨！

難忘的生日

3A 陳烙喬

今天是我的生日，原本我是很期待的，誰知，媽媽要我回房間裏做功課，本來我滿臉期待變成愁眉不展的樣子了，我只好無奈地回房間，心想：他們忘記了我生日。

過了一會兒，我從房門的一條縫隙望出去，看見哥哥和姐姐走來走去，好像在討論甚麼，而媽媽就在廚房裏忙着。



到了中午，媽媽叫我出來，當我從房間裏走出來的時候，我看見客廳裏放着各式各樣的食物，還有氣球和絲帶，客廳佈置得很美麗。原來他們悄悄地為我準備生日會，爸爸從冰箱裏拿出一個我最愛吃的草莓蛋糕來。過了一會兒，門鈴突然響起，媽媽便去開門，原來是我的朋友們呢！他們都拿着禮物對我說：「生日快樂！」那一刻，我真的非常驚喜呢！

吃了午餐後，我們就玩了一些遊戲，有棋類、玩偶類、積木等，今年生日真是很難忘呀！我心想：如果每月都有我的生日，該多好啊！

快樂的一天

3B 林俊杰



上星期六，天朗氣清，我和家人興高采烈地從鑽石山巴士總站乘坐巴士到西貢遊玩。

首先，我們高興地到西貢的「火岩探知館」遊覽。那裏的火岩故事十分有趣，裏面有橋咀島和火山的故事，橋咀島原來是郊野公園，聽說重陽節那天是最多人逛的，我很快樂呢！

接着，我們興奮地來到木棉山沙下灘的海灘玩沙，那裏的水十分清澈，我們都玩得十分開心。我們在沙灘上吃了很多東西，包括：餅乾、芝士三文治、香腸……我們都吃得津津有味啊！

最後，我們到西貢巴士總站乘搭巴士回家去。

那天真是既快樂又難忘啊！因為那裏的「火岩探知館」讓我們大開眼界呢！希望下一次可以再到西貢遊玩。

難忘的生日

3B 孔暉臻

今天是十月十三日，也是我的生日，我很期待和家人在家裏一起慶祝生日。

首先，爸爸在牆上掛滿五顏六色的彩帶，把客廳佈置得十分鮮豔。媽媽在廚房裏準備了很多美味的食物，而我就坐在沙發上愉快地玩遊戲機。



接着，媽媽把所有食物放在桌上，有三文治、蘋果派、意粉、果凍……突然媽媽一邊唱着生日歌，一邊捧着一個精緻的蛋糕向我走來，我興奮極了！爸爸也在旁邊一面拍手，一面唱生日歌，氣氛非常熱鬧。

吃了美味的蛋糕後，爸爸從背後拿出一份用花紙包着的禮物給我，我急不及待地拆開禮物，哇！原來是我最喜愛的瑪利歐樂高，我太幸福了！

這是我最開心最難忘的生日。

旅行日

3B 黃柏賢

在十一月二十三日這一天，我、老師和同學到粉嶺浸會園旅行。我期待已久的學校旅行終於來臨了！

首先，我們乘坐校車到了浸會園。那天天氣很好，下車後我吸了一口新鮮的空氣，然後我興高采烈地跑向沙地和同學玩泥沙，我們又躺在草地上曬太陽，多舒服啊！



接着，我打開野餐墊，放在綠油油的草地上，我們急不及待地分享自己帶來的小吃，有三文治、雞翅膀、魚蛋和燒賣。我還帶了一些罐裝玉米湯給同學品嚐，大家都吃得津津有味。

最後，我和同學收拾食物，準備回校。我們依依不捨地離開了。

經過這次學校旅行，我學會與人分享、體會到與同學融洽相處和可自行購買小吃所帶來的快樂，多令人回味啊！

旅行日

3C 梁俊傑

上星期四是學校的旅行日，當天風和日麗，我和同學們都懷着興奮的心情在學校操場集合。班主任林老師帶領我們乘坐旅遊巴士前往粉嶺浸會園，沿途的風景十分優美。

到達目的地後，我們先到粉嶺浸會園的正門拍照留念，大家都笑得非常燦爛。

接着，我和同學便急不及待地到園內的遊樂場嬉戲。遊樂場裏有各式各樣的遊樂設施：鞦韆、滑梯、吊環、繩網……大家都玩得興高采烈，汗流浹背。直到我們肚子餓了，便坐在樹蔭下野餐，我們一面談天說地，一面吃東西，大家都吃得津津有味呢！



吃飽後，我躺在綠油油的草地上欣賞美麗的景色，風兒吹在我的臉上，像一雙温柔的手輕撫着我。

快樂的時光過得特別快，我們是時候要回學校了，我和同學都帶着依依不捨的心情離開。

這次旅行不但讓我們深深地感受到大自然的優美，更促進我和同學們彼此間的友誼。我們都希望下一次的學校旅行快些到來呢！

難忘的生日

3C 黃梓臻

今天是我的生日，我的家人邀請了很多親友來參加我的生日會。

首先，爸爸小心地拿着香甜可口的生日蛋糕放在桌子上，大家都流着口水，紛紛圍着蛋糕。但因為實在太多人了，一個蛋糕根本不夠吃，所以爸爸又特地多買了一個。

接着，媽媽慢慢地拿出一把鋒利的刀給我切蛋糕。我在心裏高興地許了一個願望，然後大家一起切蛋糕和吃蛋糕。吃完蛋糕之後，我們一起玩遊戲，還定了規則，那就是誰輸了，要吃50克的糖果。然後，我們玩「大風吹」，表姐輸了很不服氣，要求再來一局，我們玩得興高采烈。

然後，我們一起玩我最心愛的玩具。表弟很喜歡小汽車，堂妹很愛芭比公主，堂哥很愛玩一些刺激的玩具，而我最喜歡的，就是挖掘機了。

最後，大家都懷着依依不捨的心情回家。就這樣，一個令我難忘的生日過去了。希望以後的生日都能像今天一樣快樂。



給好朋友的信：一次幫助別人的經歷

3C 劉鍶婷

親愛的樂桐：

你好嗎？我跟你分享一個最近一次幫助別人的經歷吧！

有一天，我和媽媽一起到公園玩耍，我在公園遇到了我的朋友。之後，我們便一起玩「一二三木頭人」、「貓捉老鼠」……

突然，我看見一個女孩子掉了一個玩偶，然後，我立刻拾起那個玩偶，並歸還給那個女孩子，她便高興地對我說：「謝謝！」那一刻，我很喜悅，因為「助人為快樂之本」！

經過那一天，我明白了幫助別人是一件很快樂的事。

祝

學業進步

好朋友

思婷

二月二十七日

一次體驗活動

3D 劉澧耀

上學年三月，夏老師帶領我和其他二乙班同學一起參觀饒宗頤文化館。那天，我們懷着既愉快，又興奮的心情到達目的地。



到達文化館後，我們先到館外的空地休息，再等候進入「活字生香」漢字文化體驗展覽廳參加活動。之後，我認識了中國文字的特色和文字的變化呢！

後來，我們一起製作麪塑。我們先用心地聆聽導師的講解，然後認真地動手製作。

我們順利地完成自己心愛的麪塑後，便懷着依依不捨的心情回校了。

通過那次的體驗活動，我不但學會了中國文字的造字特色，也了解到中國特色手工的製作過程，真是十分有趣。

旅行日

3D 余恩妍

十一月二十三日（星期四）那天，鄧老師帶我們三丁班到粉嶺浸會園旅行。

首先，我們在學校的操場集合，然後乘坐旅遊巴士到浸會園。到達目的地後，我們到水池前拍照，十分高興。

接着，我和同學們一起鋪好地墊，然後開始野餐。過了一會兒，我們到食物部買了棉花糖、冰條和汽水，還吃了很多自己準備的零食，大家吃得津津有味。

最後，我們在下午一時集合，再帶着疲倦的身軀乘坐旅遊巴士回校解散。

那天，我和同學都玩得非常興奮。這次旅行，不但讓我們有機會接觸可愛的大自然，更令我可以和同學們玩得興高采烈，真是難忘啊！



一次體驗活動

3D 陳厚丞

上學年三月，夏老師帶領二乙班的同學到饒宗頤文化館進行一個體驗活動和參觀文化館，老師跟我們說要保持安靜，不要亂跑，然後我們便上車出發了。

我們到達文化館後，首先到「活字生香」漢字文化體驗展覽館參觀，我們感到很開心。

然後，我們進入麪塑製作室，聆聽老師的講解後，我們便開始製造麪塑了。我的媽媽是那天的家長義工，她幫助那些不會做的同學，我和妹妹也互相幫助，一起做麪塑。不一會兒，同學們都陸續做好麪塑了，我和妹妹做了可愛的小白兔和小雞，另一位家長義工替我們拍照，我們感到非常快樂呢！

經過這次的體驗活動和參觀後，我感到喜悅和難忘，因為我認識了很多中國文化，尤其是漢字的演變和麪塑的起源，這些都令我大開眼界，這次的活動真令我獲益良多。



小七孔遊記

4A 倫子茜



聖誕假期的時候，我和家人一起去了有「地球綠寶石」之稱的荔波小七孔景區遊玩。

荔波小七孔位於荔波縣，我們乘車好幾個小時後，終於到了景區門口。一進入景區，我們就乘坐觀光車，沿着山谷的公路前進。這裏的山峰重巒疊嶂，樹木翠綠茂盛，空氣非常清新，四周瀰漫着甜甜的味道，令人心曠神怡。

我們第一站去了臥龍潭。這裏的水水平如鏡，清得可以看見翠綠的樹木倒映在水中，清得可以看見千變萬化的雲朵飄浮在水中，清得可以看見岸上的人羣在水底行走。這裏的水顏色奇特，碧綠得像無瑕的寶石，湛藍得像染過色的絲綢。

繼續往前走，我們到了水上森林，這裏太好玩了！清澈的河水從樹林中流淌而過，河水中佈滿了大大小小的石頭，水沿着河底的石頭往下流，一級一級的冒着白色的水花，歡蹦亂跳的。小孩就扶着樹枝，在裸露在水面的石頭上跳着、跳着前進。要是在夏天，人們便會脱掉鞋子在這清澈的河水裏走來走去，那該有多爽快呢！

荔波小七孔，到處都有美麗的景色，簡直是大自然的鬼斧神工之作。

我的姐姐

4A 潘芷澄

我的家人除了有爸爸和媽媽，還有姐姐。姐姐説話有趣，人也很機靈。

姐姐的身材高䠷，擁有一身滑溜溜的皮膚，頭髮有輕微捲曲。一張又尖又長的臉上有一雙水汪汪的眼睛，高鼻樑下有兩片薄嘴唇，還有像白玉般的牙齒，笑起來十分漂亮。

我的姐姐説話幽默風趣。每次我悶悶不樂或傷心的時候，她都會哄我發笑。她有各式各樣哄我的方法，最常用的方法是説笑話，她就像是一本《笑話大全》，常常逗得我哈哈大笑呢！她除了説笑話，還會告知我每天上學有趣的事情，她會説：「別不開心了，我告訴你今天發生的有趣事情吧！」

我的姐姐生性機靈古怪。她一時對我很冷漠，一時對我很熱情。我每次做完功課，想找姐姐談天時，她總是不理我，因為她總愛利用互聯網和她的朋友閒聊。如果我吵着要和她談天，她就會生氣地罵我。但有些時候，她又會熱情地主動跟和我聊天，逗我開心。

這就是我的姐姐，説話有趣又機靈古怪，她也是我心目中最可愛的姐姐！

長洲遊記

4A 麥鎵澄



八月二日那天，天朗氣清，在蔚藍的天空中，飄浮着棉花糖似的朵朵白雲。爸媽見天氣好，就決定帶我到長洲遊玩。

一到達別具特色的長洲，我就立刻被這個寧靜而迷人的地方吸引着。我們順着迂迴曲折的小巷漫步，它們沒有華麗的裝飾，卻保留着古香港的風貌。街上有很多不同的手工藝店舖，展現了長洲的獨特文化，還擁有一份傳統的味道和人情味。

我們穿過大街，到達東灣泳灘。在這裏，火辣辣的陽光照在沙灘上，沙灘就像金子般閃閃發光，一陣陣海風吹來，令人感覺像是躺在搖籃裏啊！一望無際的大海，海面上蕩漾着一圈圈的波紋，飛濺出一朵朵的浪花。點點海鷗，片片白雲，猶如一幅恬靜的風光畫。

遠離了繁囂的大都會，走進充滿民族風情的長洲，我坐在沙灘上，踩着軟綿的細沙，望着廣闊的大海，朵朵浪花擊打在礁石上，綻放一片銀白。我享受着輕拍我臉龐的微風，看見如此美景，我心中的鬱悶和煩惱，一瞬間全部消失了。

離開沙灘再往前走，我們沿着崎嶇的石徑前往張保仔洞，沿途我欣賞到不少奇形怪石，當中包括花崗岩、叮噹石、花瓶石……令我印象最深刻的非花瓶石莫屬了，它的形狀跟花瓶大同小異，我不得不讚嘆大自然的巧奪天工，為我們創造出這一處美不勝收的景點。大自然，我讚美你！大自然，我欣賞你！

我們來到張保仔洞了。它是長洲著名的旅遊熱點。據說，它是著名海盜張保仔收藏寶物的山洞。它的洞口長十尺，全長八十八米，洞內非常黑暗和狹窄，地面濕滑，凹凸不平。

傍晚時分，我們趕緊走到長洲大街。那裏小食店林立，有特色大魚丸串、紅豆餅、西瓜冰……全部都十分吸引。我和爸媽各買了一串魚丸吃，魚丸彈性十足，味道可口。我到售賣紀念品的商店，看到印有「平安」二字的包子飾物，造型非常可愛，我特意買了一個作為紀念。

長洲之旅讓我留下美好的回憶，這個小島有繁華的一面，亦有恬靜的一面。寧靜而迷人的地方充滿了獨特的文化和人情味，風景令人心曠神怡，我跟家人度過了一天歡樂的時光。但願長洲的風光和景物依舊，再見了長洲，希望家人能再次和我共遊長洲。

我的姐姐

4B 雷駿衡

我的姐姐比我年長九歲，她現在不是中學生，而是大學生了。我們的感情很好，有好吃的東西就會一起分享，不會自己獨吃的。

她的身高跟我差不多，一張橢圓形的臉上長着一雙又圓又明亮的大眼睛，配上一副黑色的圓眼鏡。她喜歡看歷史書，平日十分用功，是個博學多才的大學生。



姐姐是個勤奮的人。她為了在文憑試中考取好成績，在中六那一年日以繼夜地温習考試範圍裏的課業和補充工作紙。她說：「為了報答父母養育之恩，我一定要考上大學！」

成績出爐那天，老師宣佈所有同學的分數。直到老師說出姐姐的分數：「恭喜你，中文得到最高等級的成績！」姐姐聽後，開心得哭了起來！她付出的努力總算沒有白費。

除此之外，她也是個膽小的人。每次看到昆蟲時，她都會害怕得大叫起來。有一次，她去廚房拿食物的時候，突然看見一隻蟑螂，就大叫起來：「救命啊！快點趕走這隻蟑螂！」她的腳還在發抖呢！這時，我立即用拖鞋輕易地拍死牠了。

這就是我的姐姐，我下定決心要成為一個像她一樣堅毅和勤奮的人。

香港故宮文化博物館的遊記

4B 顏嘉濤

今天是聖誕假期，我和家人到香港故宮文化博物館參觀。

一走進西九文化區，我們就看見一個像「凹」字的大樓雄偉地屹立在那兒。我們加快腳步，繞着小徑走了一會兒，終於到達故宮文化博物館的入口，站在那裏，就聞到一股歷史的氣息。

我們走進「八號展廳」，那兒展覽的主題是「凝視三星堆」。展廳裏擺放着琳瑯滿目的展品，有金、玉、青銅等造成的文物。這些展品讓我不禁感嘆：想不到早在公元前一千多年，也能打造出像紙般薄的金片，並且能在上面刻字，真是讓我大開眼界啊！

離開「八號展廳」後，我們來到「二號展廳」，那兒展覽的是清朝的物品。讓我最難忘的是導賞員介紹皇帝的衣服——龍袍。龍袍是金黃色的，上面繡有九條龍，每條龍的腳有五隻爪，象徵「九五至尊」，那就是皇帝尊貴的身份象徵。

太陽伯伯下山了，我們也是時候回家了。雖然我十分疲累，但是想到在參觀的過程中學會了多不勝數的歷史知識，真的感到獲益良多。

如果有一天

4B 曾夏羽

如果有一天，
我飛到土庫曼，
我一定會去看「地獄之門」，
看看那不斷燃燒的沙坑。

如果有一天，
我飛去印度，
我一定會去看「雙向沙灘」，
看看由兩邊海浪拍打的沙灘。

如果有一天，
我飛到美國，
我一定會去看「大稜鏡温泉」，
看看那色彩鮮艷的温泉。

如果有一天，
我飛去秘魯，
我一定會去看「彩虹山」
看看那佈滿彩色條紋的山。

世界之大，無奇不有，
只要去探索，就會有新發現。

我的媽媽

4C 張志榮

「世上只有媽媽好，有媽的孩子像個寶……」歌詞的每一個字，都包含着讚頌媽媽無窮無盡的愛。

我的媽媽身材中等，有一身雪白的皮膚，圓圓的臉上戴着一副正正方方的眼鏡，長長的頭髮夾雜着一些銀絲，彎彎的眉毛下有一雙明亮的眼睛，像兩顆黑寶石。媽媽像隻「變色龍」，一會兒嚴厲，一會兒温柔，一會兒暴躁，一會兒平和。

媽媽很關心我，尤其在學習方面，媽媽對我的要求特別嚴格。例如在評估的前一天，媽媽會一直叫我：「明天就評估了！別玩了！快點温習吧！」我聽到媽媽的話，便馬上回房間温習，媽媽有時還會坐在我身旁看着我温習。



媽媽雖然是一個嚴格的人，但她同時亦是一個温柔的人。有一次，我做功課做得很累。媽媽看到了，便温柔地說：「你休息一下吧！記得要休息，別累壞身體，等一會兒再做吧！」

在生活上，媽媽一直是我的守護天使。媽媽是叫我起牀的鬧鐘，每天早晨按時響鈴。媽媽像一隻勤勞的蜜蜂，她每天很早起牀，為我們精心準備色香味俱全的營養早餐。

我的媽媽就是一位既温柔又嚴格的人。我愛我的媽媽。

我家的貓

4C 李幸旂

我家養了一隻貓，牠的名字叫胖虎。牠的外型十分可愛，性格淘氣又忠心。

胖虎有一雙水汪汪的眼睛，長有一身灰溜溜的毛，身子胖乎乎、毛毛茸的，我很喜歡抱牠。

胖虎很可愛，也很温順，但有時卻很淘氣呢！有一次，牠將家裏大部分的地板都弄髒了，氣得爸爸和媽媽大發雷霆。過了沒多久，牠又把爸爸和媽媽的牀弄髒了，氣得他們再次大發雷霆。我有時會覺得牠很可憐，被爸爸媽媽罵過那麼多次，但是牠不明白，因為牠完全聽不懂人類的語言啊！

此外，牠很忠心，早就知道我、爸爸和媽媽是主人。有一次，我們一家人去了旅行，只有嫲嫲在家照顧牠，後來嫲嫲跟我說：「你們離開後，你的貓在家不停地哭叫，牠太想念你們了。」

旅行結束後，我急不及待地去找牠，牠發現了我，小心翼翼地看了看我的樣子，然後才滿意地走開。

胖虎是我的好玩伴，我非常欣賞牠的忠心，我希望牠可以健健康康、開開心心地跟我一起生活，陪伴我們一家。

如果有一天

4C 王樂怡

如果有一天，
人們都嫌扔垃圾太麻煩，
把垃圾全部扔到大海裏，
大海裏的生物將逐一死去。

如果有一天，
人們都感到建築物太少，
砍伐森林用來建屋，
森林裏的樹木一棵棵被斬去。
人們將再也看不到美麗的森林。

如果有一天，
人們都覺得用環保餐具很麻煩，
全部都用一次性餐具，
堆填區的垃圾將不斷增加。

如果有一天，
人們都說綠化環境並不重要，
都停止植樹，
世界的空氣將會更加不乾淨。

聰明的人類，
不用我說，
你們也明白，
只要人人注重環保，
世界才會更美好。

一件令人難忘的事

4D 何栢烜

星期六下午，我從小提琴班下課後，便和爸爸、媽媽到商場吃午餐。

到達商場後，我們乘扶手電梯往上層的餐廳吃午餐。突然，聽到身後有一聲巨響，原來有一位老伯伯在電梯上跌倒。爸爸急忙上前扶起他，並帶他到椅子坐下。媽媽看到老伯伯頭破血流，連忙拿出紙巾替他止血，然後報警。



在等候警察和救護員時，媽媽替老伯伯打電話給家人，而我就收拾老伯伯跌在地上的東西。

最後，老伯伯感謝我們一家的幫忙。爸爸和媽媽也稱讚我臨危不亂，協助他人。我明白了「助人為快樂之本」的道理，希望老伯伯及早得到治療，早日康復！

香港科學館遊記

4D 甄紫琪

一月五日，一個風和日麗的日子，老師帶領四年級全級同學到香港科學館去參觀。科學館裏有很多高級的設施，看上去很科幻呢！

走進香港科學館，一直走就可以看到一個體驗颱風的地方，再左轉就可以觀看礦石，這裏的展品真多，我和我的組員一直不停地感嘆着！

令我印象最深刻的地方是「颱風體驗室」。那裏很嘈吵，令我們的耳朵產生耳鳴的感覺，也讓我第一次深深地體會到颱風的威力。體驗完後，我在想這次只是體驗低級別的颱風，真的無法想像香港若受十級颱風吹襲，會有多麼的恐怖！



離開「颱風體驗室」，我們來到一個兒童樂園，沒想到科學館內竟然會有兒童樂園，這令我留下深刻印象。那裏有很多兒童遊樂設施，其中我最感興趣的是一個拍照的電子設施，它能讓我們的樣子變成可愛的小動物，我和同學們都玩得很高興呢！

時間過得真快，好像剛剛進來，眨一下眼後就要離開。乘車回校時，同學們都感到依依不捨，能夠到香港科學館參觀，大家都很高興，希望下次能夠有更多的參觀時間，好好地探索科學知識。

我的爸爸

4D 文竣永

我的爸爸是一個又勇敢又風趣的人。

我的爸爸高高瘦瘦的，像一隻長頸鹿，而且是隻近視眼的長頸鹿，他還有一個扁扁的大鼻子。



爸爸是一個很勇敢的人。有一次，家裏突然出現一隻手掌般大的蟑螂，還離我的腳邊很近，我被牠嚇到了，發出尖叫聲，並立即逃跑，跳上沙發。剛好媽媽也看到這一幕，立即叫爸爸來。千鈞一髮之際，一位英雄降臨了！爸爸徒手拍打它，並對我們說：「不用害怕，有我在！」那一刻，我覺得爸爸帥氣得像一個超級英雄一樣。

爸爸除了勇敢之外，也有風趣的一面。有一天，我放學回家，一打開門便看見爸爸面容扭曲的躺在沙發上，我被這突如其來的模樣嚇了一跳，還以為爸爸中風了，可是細心觀察，發現他在裝模作樣，爸爸看見我不害怕，便說：「嘩！這樣嚇你也不哭？」我覺得爸爸像一個小丑，常為我們帶來歡笑。

這就是我的爸爸，一個既勇敢又風趣的爸爸。

一件我最珍愛的玩具

5A 林思宸

你知道我最喜愛的玩具是甚麼嗎？就是我的畢業熊玩偶，這件玩具是我在幼稚園畢業時，班主任徐老師送給我的，我第一眼看見它，便愛不釋手了。

我的玩具熊站立起來有六十多公分高，它全身都是淺黃色的絨毛，質地柔軟，當我把臉貼上去，會有溫暖而滑滑的感覺，很舒服啊！玩具熊那圓圓的腦袋上有兩個半圓的耳朵，總是豎着的，看上去精神飽滿。它三角形的鼻子上有兩個小圓點，看上去有點呆笨。它穿着掛有金色領帶的畢業袍，兩隻短短的小手拿着畢業證書，真是可愛極了！



除了有可愛的外表，這個畢業熊還很特別，它會陪我做功課、陪我玩耍、陪我睡覺，它陪伴着我的時候，讓我感到十分安心。

這件玩具對我來說是很珍貴的，我覺得擁有這件玩具也代表着一份幸運，因為我知道一生人只會經歷一次幼稚園畢業，所以每當我看着畢業熊玩偶時，便覺得自己要好好珍惜幼稚園至中學的學習時間。

這就是我最珍愛的玩具——畢業熊玩偶。

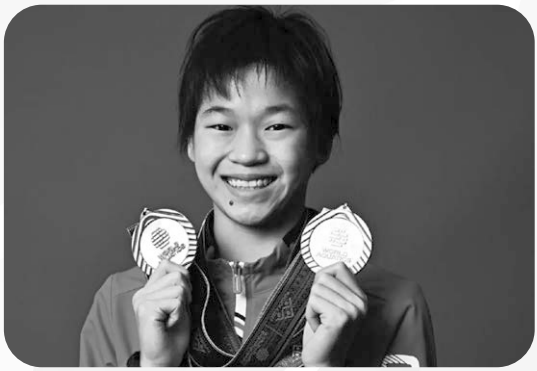
我最尊敬的運動員

5A 任羿羽

你知道我最尊敬的運動員是誰嗎？那就是中國跳水選手全紅嬋。你認識她嗎？她不屈不撓和冷靜的性格是很值得年輕的我們學習啊！

身為中國國家跳水隊隊員之一的全紅嬋，有着不屈不撓的性格。她在年幼時已入選國家泳隊，每天都要在令人膽寒的十米跳台上往下跳四百多次，一天的訓練最多長達十多個小時，但她仍堅持練習，奠下了堅實的跳水基本功。

此外，全紅嬋也是個性格冷靜的人。在全紅嬋第一次參加奧運會中，她曾在預賽中出現失誤，但她在決賽時專注地思考，集中地回想每一個動作的要領，冷靜地跳出自己的最佳表現，奪得了東京奧運會的金牌獎項。



全紅嬋憑藉不屈不撓和冷靜的性格成為中國國家跳水隊內人所共知的一員，是我學習的好榜樣，我希望長大後能成為全紅嬋一樣優秀的人。

我最尊敬的運動員

5A 曾靖堯

我最尊敬的運動員是羽生結弦，他出生於日本，是日本著名的花式溜冰選手，他曾奪得世界冠軍，有「花滑王子」之稱。

身為花式溜冰選手的羽生結弦性格十分堅毅。幾年前，他在一次比賽中意外跌倒了五次，但他還是努力撐起身子，繼續完成下一個動作。

此外，羽生結弦也是個慷慨的人。他在成名後一直默默行善，例如他會將自己舉行活動和出版自傳的收益，全數捐贈給日本地震受災的地方，支援災民的生活。



羽生結弦靠着堅毅和慷慨的性格成為人所共知的花式溜冰選手，我希望自己可以跟他一樣堅毅，努力超越自己，就像他的座右銘一樣：「每一天都要相信自己，每一天都去超越自己！」

白色聖誕

5B 陳欽宇

冬天到了，浪漫的聖誕節也飄然而至。我期待看那大片大片的雪花從天而降，鋪滿大地，四周變得白茫茫的景象。為了一睹銀裝素里的城市、冰雪縈繞的聖誕，我們一家人踏上通往日本北海道的飛機，感受不一樣的白色聖誕。

生長在四季如春的香港，我從來沒有看過雪，此刻的我，心情猶如翻騰洶湧的海浪，激動不已。終於，飛機抵達了北海道，我走出機場，感受着迎面而來的寒風。隨風飄動的雪花像天使的絨毛，輕輕地落在我的臉上、頭髮上、衣服上，帶來冰冰涼涼的觸感，彷彿在歡迎我的到來。

我穿上厚厚的毛衣，走到街頭漫步。漫天雪花紛紛揚揚，在蒼穹中翩翩起舞，像一隻隻飄逸的玉蝴蝶，初降人間，整個大地被白雪覆蓋，像鋪上了一張雪白的毛毯。踩在厚厚的積雪上，腳下發出「咯吱咯吱」的聲響，那一刻置身於冰雪王國，令我激動不已。抬頭望去，只見街頭上聖誕燈飾燈火輝煌，街道兩旁的路燈像兩條寶石頸鏈，璀璨奪目。兩旁的聖誕樹掛滿了琳瑯滿目的裝飾品，雪花飄落在樹上，在彩燈的照耀下猶如走進夢幻世界。輕快的聖誕音樂如同冬日的風，流遍街道每個角落。街道上熙熙攘攘，到處都洋溢着温馨而熱鬧的聖誕氣氛。



我迎着風雪繼續走，有人手裏拿着熱飲，細細品嚐着聖誕的浪漫；有情侶手牽手漫步在路上，留下一串串大小不一的腳印；有孩子隨手捧起雪花，相互丟着雪球一起打鬧；大家都在用歡笑聲點綴這個特別的白色聖誕。此時，我被遠處的聖誕老人吸引着，只見聖誕老人戴着尖尖的紅帽子，留着白色的長鬍子，一臉慈祥地從禮物袋中抽出大大小小的精美禮物，送給周圍的小朋友，小朋友們高興得活蹦亂跳，歡樂的氣氛充斥着整條街道。

夜幕降臨，慶祝聖誕節的活動進入高潮。人們聚集在一起，雪花隨鈴聲飄落，聖誕的鐘聲響起，大家異口同聲地唱出一首又一首的聖誕歌曲，跟隨着音樂擺動起身體，所有人都沉醉其中。悠揚又美妙的歌聲在街道迴盪，大家互道祝福，分享彼此的喜悅。這是一個温馨的時刻，歡笑聲此起彼落……

白色聖誕下，整個街頭都被雪花、絢麗的色彩、歡欣的聖誕氣氛所籠罩着。慶幸我可以跨越千里，見證這冬日之美。這個白色聖誕，我與寒風共鳴，與雪花共舞，與大家共聚；第一次到日本，第一次見證下雪，第一次在白雪中度過聖誕，這將成為我回憶中最「温暖」的一頁。

這是我的「梅州客家文化探索之旅」

5B 蔡咏希

四月七日至四月十三日

學校舉辦的「梅州客家文化探索之旅」於這個星期內進行。這次的探索之旅令我獲益良多。

星期二，我小心翼翼地把所有需要的衣物和日用品收拾到行李箱內，把身份證和旅遊證件妥善地放進小包，準備第二天出發。

星期三，我和所有同學都準時到達學校集合。待同學們把證件交給老師保管後，我們便浩浩蕩蕩地乘車出發。中午時分，我們到達河源吃午飯，然後便前往梅州東山書院參觀。到達後，一座外形古樸的建築物映入眼簾，它就是東山書院。據導師講解，書院創建於清乾隆期間，已有二百多年的歷史，培育了不少名人學仕，令我肅然起敬。導師更教曉了我們一些客家話呢！我們參觀了書院裏的一些文化展示區，區內有不少藏書、中國字畫、對聯和文房四寶，書卷味很濃厚，我十分喜愛！行程結束後，我們便回酒店吃晚飯和休息。

星期四早上，我們先到松口古鎮。它臨江而立，是明末客家人出南洋的第一站，被譽為「嶺南四大古鎮之一」。我很喜歡那條直達江邊的長階梯，我在那裏拍了不少照片。午飯後，我們到達南華又廬參觀。它建於清光緒年間，是梅州最大的客家古圍屋之一，到處都是百年大屋，蔚為奇觀。這些大屋建築造型獨特，導師說它們都具有典型客家民居的特色。接着，我們轉到院士廣場參觀。在廣場中央矗立着三根粗壯的石桿，直指雲霄。柱上分別雕刻有蓮花、蛟龍、鯉魚等圖案，非常悅目。廣場主要紀念23位梅州籍院士的豐功偉績。最後，我們前往客家博物館參觀。館內陳列了大量客家民居及民俗場景模型、客家服飾、民間實物、生產工具、生活用品、古典傢俱、圖片資料等，令我大開眼界。

星期五，是整個行程的最後一天，目的地是河源蘇家圍。蘇家圍是聚居已客家化的蘇軾後裔的村落。根據園內資料顯示，蘇家圍是一個傳統的客家府第式建築羣，由十八座明清期間建成的古屋組成。其中最古老的是為紀念蘇軾而於五百多年前修建的蘇公祠。我深深地被這裏的古老和淳樸氣息吸引着。最後，三天兩夜的愉快旅程圓滿結束。



星期六，我在家裏把旅程中所拍的照片一一整理好，更把所有見聞詳盡地寫在我的記事本裏。這次「梅州客家文化探索之旅」讓我對客家民族的傳統文化、習俗以至發展歷史都有着深刻的認識，真是獲益良多。

媽媽，我……

5B 黃靖頤

媽媽，我
送你一首詩
希望你喜歡
因為這是
你的女兒
寫給你的
真情的詩

我不願是你
袋裏的苦瓜乾
每天愁眉苦臉地對着你
我渴望是你
永遠的開心果
每天都給你無限的歡樂
我不願是你
手上的鉛筆
寫出一條沒有光彩的道路
我企盼是你
筆盒裏的顏色筆
畫出我多姿多彩的人生

媽媽，我
送你這首詩
希望你會明白
希望你會諒解
因為這是你的女兒
用真心真意
寫的詩

這件事我學會一個道理

5C 張心柔

每當我溫習中文默書，就會想起那次的經歷。

當我還是小一的時候，很喜歡玩耍，不喜歡做功課和溫習課本。

有一次，中文默書的日子快到了，我不想溫習，只想外出玩耍。媽媽告訴我如果不溫習，成績就會不理想。我沒有理會她，還發起脾氣來。最終，我說服了媽媽不用溫習，並以那次默書的結果作打賭，如果那次默書的成績理想，她就要帶我去迪士尼樂園遊玩，以後不用溫習。

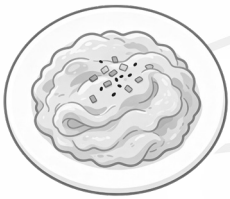


結果那次的默書當然是不合格，我非常傷心。媽媽事後和我一起分析這件事情。經過這件事，我感到很慚愧，因為我沒有聽媽媽的話，努力溫習。我也明白到，如果想要取得好成績，就要默默耕耘，付出努力，也就是「一分耕耘，一分收穫」的道理。

我最喜歡的一道中國菜

5C 張嘉仁

蒸肉餅是一道家常菜，卻是我的至愛。別看它是一道家常菜，它起源於明朝，由宮廷御廚創製出來，後來逐漸流傳到民間。



「蒸肉餅」的材料很簡單，需要梅頭豬肉、薑兩片、蔥花適量便可以。此外，它要和各種調味料或醬汁相配合，例如：糖、生油、麻油……如果和不同的食物結緣，便會更香噴噴，味道就變得不平凡。當你食慾不振的時候，可以加一個鹹蛋，令蒸肉餅更香更美味。

別看「蒸肉餅」是普通的食物，它的營養價值很高，含有豐富的蛋白質，能促進生長發育。

不過，平凡的「蒸肉餅」烹調時也有要求。首先，把肉餅平均薄薄地攤在碟中，不要鋪得太厚。然後，等待水滾。最後，隔水大火蒸，一般來說蒸十二至十五分鐘便可。當肉餅蒸得剛剛熟，就非常鬆軟可口。

我喜歡這道菜的主要原因是肉餅表面上看似普通，但是內涵平易近人，就像我們做人，表面與世無爭、隨和淡定，內心堅定勇敢，待人厚道仁義。

一件我最珍愛的玩具

5C 麥志聰

每當我看到這隻寶可夢娃娃，便打從心裏有一種幸福的感覺。

這隻娃娃是我在一次旅行中購買的。當時我走進一個商場，看見寶可夢中心，心裏非常興奮。然後，我二話不說跑進去看寶可夢的商品。那裏擺放着林林總總的寶可夢商品，而我的目光卻被這隻娃娃吸引着，於是我就立刻把它買下。

寶可夢娃娃的眼睛大大的，眼角有綠色的三角形花紋；頭是黃色的，呈三角形，頭的上、中、下各有一道符；身體的兩邊有一對大翅膀；彎彎的嘴向上揚，樣子十分討好。



我很珍愛這個娃娃，因為它十分可愛，而且還是我那次旅行的紀念品。我把這個娃娃放在牀上，每晚睡覺都會擁抱着它入睡，慢慢進入甜蜜夢鄉。

我把這個娃娃放在牀上，每晚睡覺前看一看它，幸福的感覺再一次湧上心頭，然後擁着它進入夢鄉。

不得了！香港水浸了！

5D 柯焯仁



二零二三年九月八日，星期五，天氣非常惡劣，是那時所有香港人未曾經歷過，也是所有香港人都要去面對的天災——一場突如其來的世紀大雨。這場大雨是自1884年記錄以來最嚴重的大雨，139年來都沒有這麼嚴重。不得了，香港水浸了！

這場雨，相信沒有人預計到。每次下大雨，都是新界鄉村地區受影響最嚴重，怎估計到在城市中的黃大仙區，竟然都處於難以想像的困境。

這場水浸令很多交通工具停駛，行人被水衝擊得不能行走，最意想不到的是黃大仙港鐵站，大雨隨着樓梯衝入站內，整個月台都是水，經過的列車不能停站。從錄影的片段中，可見列車就像迪士尼樂園的小小世界一樣，那一刻像一艘船，而不是列車。

港鐵站浸滿水，看到網上的影片，已令我嘩然，但原來黃大仙中心北館水浸的情況更令我難以置信。水位高得竟然把地下全層也淹沒了，裏面的餐廳、商店更是完完全全消失了一樣！

這場世紀大雨，經歷了16小時35分鐘，為很多人帶來了一天假期，但為香港、為很多人帶來了悲劇，我不喜歡這些假期，不想再有這樣的天災。

這是我最寶貴的東西——足球獎牌

5D 周晉賢

人們總喜歡收藏寶貴的物品，我也不例外，我最寶貴的東西是一面足球獎牌。

去年，我代表黃大仙區足球隊出戰。我和十一位隊友從十六強殺入決賽，決賽的對手是深水埗區足球隊，實力比我們強。

這次比賽，我擔任隊長。在比賽中，我們雙方都入了兩球。在加時賽裏，我們又各進了一球。完場時賽果三比三，我們要進入互射十二碼的環節。戰況很激烈，當時的比數是四比四，而最後一球是由我主射。如果我射入，就能獲勝。那時，我瞄着左上角，然後用左腳大力一踢，射進龍門了。那一刻，我大聲地喊道：「我們勝出了！」



最後，我拿到四個獎，包括：冠軍、神射手、新人獎和最佳球員。我感到無比的快樂，這就是我最寶貴的禮物——足球賽獎牌。

我明白了一個道理——不要浪費糧食

5D 許寧思

星期五，我們一家人上酒樓喝早茶。酒樓裏真熱鬧啊！長輩們有的在談笑，有的在看報紙；年輕人一邊看手機，一邊吃點心，心情十分愉悅。

我們的肚子早就餓得咕嚕咕嚕作響了，於是我們急不及待地點了自己最喜歡的點心。我們爭相在點心紙上點食物，根本沒有考慮過份量是否恰當，更記不起自己點了哪些點心。當食物送上來的時候，我們才發現剛才竟然點了十幾款點心，看着滿桌子的食物，我們興奮得大口大口地吃，但爸爸卻不禁皺起眉頭。不一會兒，我們的肚子已經脹得像一個皮球了，再看看桌子，仍放着一碟碟的點心。

爸爸提議把剩下的點心帶回家作茶點，我們聽了都齊聲反對。爸爸於是拿出自己的手機，給我們看一則新聞，然後說：「你們有聽過『眼闊肚窄』一詞嗎？意思是指我們以為自己能吃得下很多食物，但最後肚子卻很快便被食物填滿，把食物浪費。地球上很多人連基本溫飽都沒有，現在你們如此浪費是不對的。」

「爸爸，我明白了。」我把手機放下，馬上向侍應要了一個外賣盒，把剩下的點心放到盒子裏，然後帶回家去。回家的路上，我暗暗慶幸自己每天都能得到溫飽，並為自己以前浪費食物的行為而感到慚愧。我暗下決心，要戒掉浪費食物的壞習慣，珍惜所有。

停電記

6A 葉伊澄

有一天，我和家人正在家裏吃晚飯時，發生了一件突如其來的事情——停電了。

我和家人一起正在享用晚餐時，突然一陣「吱吱」的電流聲傳入我的耳中。起初，我沒有放在心上，繼續吃晚餐。但沒過幾分鐘，「啪」的一聲，世界頓時陷入黑暗之中。我一直對黑暗的環境有陰影，所以我被嚇得大聲地呼叫起來。媽媽立即打開手機的手電筒，照亮眼前的黑暗。原來整棟大樓都停電了。

媽媽安撫我們，叫我們不用害怕，我和弟弟還是有點兒慌張。媽媽便說：「不如我們一起看星星吧？」我很疑惑，因為我們的家根本就沒有陽台，要在哪兒看星星呢？媽媽在她的房間裏找了又找，終於找出了一個粉紅色的水晶球。但它並不會發亮，可以怎樣看星星呢？這時，爸爸拿出了手電筒，把水晶球放在上面。「哇！粉紅色的星空啊！」弟弟指着天花板說着。我也抬起頭來觀看這璀璨的夜空，真是美麗極了！

大家一起安靜地欣賞着星空，沒有平時的吵鬧，也沒有以往的忙碌，留下的只有寧靜和舒心。「呼嚕……呼嚕……」那是甚麼聲音？哦！原來是弟弟睡着了。我的頭也越來越重……好像抬不起頭了……

迷迷糊糊中，我感覺到有人將我放進一大堆的棉花之中，眼皮也越來越重，我感到……我要……睡着了……

在夢裏，我看到了爸爸、媽媽和弟弟，讓我覺得即使停電了，只要我的家人在我身邊，我也不再感到害怕；相反，讓我感到無比的幸福。



逆境有利成材

6A 姚倩儀

我們在一生中，難免會遇上挫折和失敗。許多人都不喜愛逆境，但其實逆境是有利成材的。

作家奧斯特洛夫斯基曾說：「人的生命似洪水在奔流，不遇着島嶼和暗礁，難以激起美麗的浪花。」因此，經過逆境才能成材、才有成功的機會，可見逆境在人們邁向成功的路程中是何等重要呢！

但並不是一遇上逆境便會成功。若你不反思，不汲取教訓，甚至不肯努力，不肯改進，自然就不會成功。有些人碰上逆境便自暴自棄、氣餒、退縮……覺得自己不能戰勝逆境，那怎麼會成功呢？

然而，有些人卻能克服逆境，越挫越勇，最終成為名留青史的名人。正如司馬遷為官時，因替李寧敗降之事辯解而受宮刑。他當時的心情雖然悲憤，但他仍然忍受奇恥大辱，從逆境中爬起身來，完成震驚全世界的歷史名著——《史記》。而愛迪生在發明燈泡時，也曾經歷過無數次的失敗，但他依然堅持不懈，最終才成功發明了燈泡。若愛迪生當時沒有堅持下去，那麼我們還會認識到愛迪生這位家喻戶曉的名人嗎？

至於那些從小天資聰明、家境富足，從沒經歷逆境，是否必然是人生勝利組呢？答案當然不是。為甚麼呢？正如一些有錢人從小有傭人照料，卻連最基本的生活技能也不會，亦從未試過遇上逆境，怎懂得如何去解決問題？日後一旦遇上困難，便會顯得束手無策了。方仲永正是如此，他從小天資聰穎，五歲能寫詩，人人稱頌，他因此變得洋洋得意，不懂得珍惜天賦才能，不求上進，最終反而變成平庸的人。



由此可見，逆境是有利成材的，逆境更是人一生中不可或缺的部份。因此，就如著名音樂家貝多芬所說：「卓越的人能在不利與艱難的遭遇裏百折不回。」我們應該學會如何克服挫折，戰勝困難，從中汲取教訓，令自己進步和成長。

運動的重要

6A 趙蔚妍

嗯，你問我在做甚麼？我正在做運動。運動是增加身體活動量的最佳方法。一般成年人每日最少要做三十分鐘或以上的運動，小朋友就要做一小時或以上的運動。你有做運動的習慣嗎？

運動有很多不同種類，例如跑步、游泳、籃球……不同的運動有不同的好處。我最喜歡游泳，游泳可以增強肌肉的力量，提升肺活量，減少壓力，改善睡眠質素。其次，打籃球可以增高，像我這樣矮小的人就應該多打籃球，這樣就能長得像姚明一樣高。踏單車可以提升心肺功能，促進血液循環，有助預防及改善糖尿病、高血壓等慢性疾病。運動還可以培養我們「勝不驕，敗不餒」的體育精神。

運動可以防止身體肥胖，減少患上心臟病、血壓高、冠心病等嚴重疾病的機會。運動可以減少壓力，改善失眠，提升工作效率。運動也可以讓我們認識更多朋友，培養團隊合作精神，令人保持心情開朗，促進身心健康，預防患上心理疾病。

相反，缺乏運動又會有甚麼壞處呢？世界上約有百份之六十至八十的成年人過多靜態活動，引致運動量不足；三分之二的兒童身體活動量不足。靜態活動除了增加患上心血管疾病、糖尿病、肥胖等風險，還會增加死亡率。

運動的好處雖然很多，但進行運動時也有不少需要注意的地方，否則會適得其反。進行運動時，大家應穿着合適的服飾，例如運動服和運動鞋。運動時也要保持呼吸暢順，注意安全，定時飲水，以免中暑。此外，我們亦不要過量運動，要適時休息，以免引致身體不適。我們要選擇適合自己的運動，例如老人可以選擇温和的健體操，以免受傷或跌倒。如果選擇了不適合自己的運動，就可能會引致身體不適或受傷。

既然運動有這麼多好處，我們一定要勤做運動。我們可以與朋友或家人一起運動，養成每天運動的習慣。正如達芬奇所說：「運動是一切生命的泉源。」你還等甚麼？快來一起做運動吧！

記一件讓我反省的事

6B 梁梓瑤

每次去游泳看見別人逍遙自在的泳姿時，我都會想起去年暑假令我印象深刻的那件事，至今我仍後悔莫及。

就在暑假剛開始，我不僅下定決心一定要在開學前學會游泳，還自己花錢報了游泳班，一副胸有成竹的模樣。

第一堂游泳課終於開始了，起初我還興奮萬分。當我游出第一步，本來也挺順利，怎料不一會兒我開始喘不過氣，四肢無力，然後就沉下去。當時我害怕極了！往後訓練時也一樣，總是上氣不接下氣。我從沒想過游泳會這麼辛苦。到了第二堂，我已經想放棄，加上我游泳時不能好好呼吸，我開始想逃避。

由於我覺得太辛苦，所以每次上課時，我都以各種藉口向家人表示不去上課，就算勉強到了，也不情不願、不肯認真地去學習，所以我的游泳技術一直沒有提升。當時，我卻覺得暑假過眼雲煙，沒甚麼大不了。

幾天後，爸爸突然跟我說最後一堂的游泳班因天雨關係取消了，本來應該高興的我，突然有點失望和空虛，心情很矛盾。我忽然回想起別人飛快地進步，而我卻像壞了的帆船一樣，一直停留在海中心不前進，更因怕辛苦而逃避，我瞬間覺得非常慚愧。

經過這件事後，我深深體會到：時間不等人，你不去努力，不去前進，自然就會落後。人生總會遇到困難和高低起伏，如果你放棄，不去克服，那麼做任何事也會失敗。正所謂「一分耕耘，一分收穫」，現在回想當初，我不應該輕易放棄學習游泳，而是要堅持下去，直至學成。



我真幸福

6B 蕭政軒

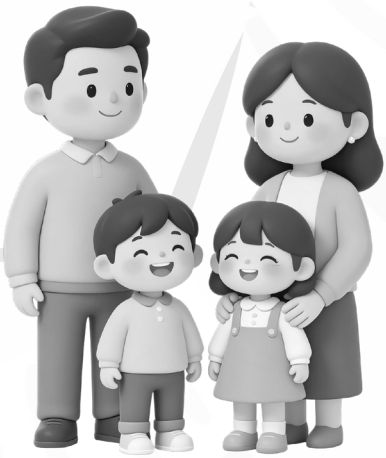
別人常說：「幸福是無價的。」但幸福其實是甚麼？幸福是一種感受，是指當人感到快樂或達到目標時的滿足感。有人認為有錢便能買到自己喜愛的物品，那就是幸福，但難道真的「有錢便有幸福嗎？」經過以下三件事，我才明白甚麼是真正的幸福。

在物質方面，帶來幸福的物品並不一定是昂貴的。在我七歲生日前，妹妹本來想要買一份禮物送給我，可惜，她沒有足夠的錢。當時，我對紙製手工藝品有興趣，妹妹得知此事，便上網學習摺紙。她不停努力嘗試，直到我生日那天，她親手給了我一張精巧的「紙心心」，後面還寫着「生日快樂，哥哥！」令我十分驚訝和感動。在這件事中，我明白到我們所擁有的物件不需要是昂貴的或份量多，其實只要有心意，一些簡單的物品，都能讓我們感到幸福。價錢的高低確實不太重要！

除了物品，在才能方面也能令我們感到幸福。回頭想一想，你有甚麼才能可以去發揮？我感恩自己有運動天賦，父母也給予我機會學習打網球和踢足球，讓我盡展所長，所以當我和隊友們贏了比賽，與隊友們一起開心慶祝時，更會明白艱苦的練習不會白費，這也令我感到幸福。

擁有家人就是最重要的幸福。與其他落後地方相比，有很多小孩因天災、戰亂等其他因素而失去家人的愛，真可憐！你曾聽過「你擁有一件東西不好好珍惜，到你失去了它，才懂得珍惜。」這番話嗎？其實我們有家人在身邊已是很幸福了。

總言之，人人也可以擁有幸福，但不是人人也懂得珍惜。有自己的喜好不是永遠的幸福，相反，簡單基本的小事，只要有心意和真誠，也可以是「福」。



停電記

6B 陳樂欣

一個夏天的晚上，正當我們一家人在享用晚飯時，突然，四周變得漆黑無比，伸手不見五指。

大家都被突如其來的停電嚇了一跳，正當我和哥哥都驚慌失措的時候，一向處變不驚的爸爸最先叫我們冷靜，並嘗試查明停電的原因，而媽媽則安撫我和哥哥不安的情緒。我們一家人在這突發的停電事件中，都表現出不同的反應：爸爸的冷靜，媽媽的鎮定，我和哥哥的惶恐不安，我們真要我向爸媽學習。

當爸爸查明原因後，告訴我們還有幾小時才能回復電力。他先是啟動了冰箱和冷氣機的後備電池，接着他看到我和哥哥悶悶不樂，便問我們為甚麼這個樣子。我們回答說：「停了電，根本就甚麼都做不了，有甚麼好高興呢？」爸爸叫我們不要這麼悲觀，還提議道：「停電了，不如我們挑戰在黑暗中玩捉迷藏？」我們聽到這句話後，一下子變來了勁兒，在黑暗中你捉我一下，我捉你一下，大家都玩得不亦樂乎。不知不覺，很快便過了幾小時，之前偷偷逃跑的電力也回來工作了！那一瞬間，我們全家無不雀躍起來，為電力的歸來而感到歡喜！第二天早上，不少鄰居都說因天氣太熱，所以停電導致冰箱裏的食物都壞掉了，幸好我們家有後備電池，才逃過這一劫。

經歷了這次突如其來的停電，我由驚慌失措變得平靜下來，最後還變得快樂無比。而當中我最大的收穫，便是明白到「宜未雨而綢繆，毋臨渴而掘井」這個道理的重要性。



給父母的感恩信

6C 何敏瑩

親愛的爸媽：

您們好嗎？

感謝您們為我帶來了生命，把我帶到這個世界上。您們每天辛勤地工作，還不辭勞苦地照顧我，給我舒適的家和安穩的生活。在我高興的時候和我分享，在我失意的時候給我安慰，時時刻刻也陪伴在我左右。世界上除了您們，應該沒有其他人會待我這樣好吧！

時間過得很快，我的十二歲生日快到了。從前的我既不懂事又任性，愛胡亂發脾氣。現在的我已長大了，學會體諒和尊重別人，也學會體貼您們。我要把自己的缺點改正過來，讓您們可以安心。將來，我一定會盡力去報答您們的愛和教導。我永遠愛您們，就如您們永遠愛我一樣。

祝

身體健康

女兒

敏瑩敬上

十月二十八日

我的學習周

6C 莊詠希

一月一日至一月七日

這是我的烹飪學習周，我不僅學會了自己煮食，還明白要珍惜食物。

媽媽經常責備我浪費食物，為了讓我明白何謂「粒粒皆辛苦」，媽媽說希望我能嘗試學習自己煮食。可是對烹飪一無所知、毫無經驗的我，真的能夠做到嗎？

星期三，我首先跟媽媽學煲飯。我心想：這輕而易舉的事也要學嗎？媽媽好像看穿了我，說：「你不要小看每一個步驟，只要其中一步錯了，便煮不出美味的白飯來。」最後，我在媽媽的講解下把白飯完成了！可是我因為少加了水，結果煮出來的白飯又乾又硬，十分難吃。現在我才知道煲飯原來也有學問的呢！

星期四，我跟媽媽學煮麵。平時看着媽媽煮麵好像是一件易如反掌的事，原來這一點也不容易！在煮麵的過程中，我因為忘記看爐火，令煲裏的水全都傾瀉出來，那時場面很混亂，我也十分狼狽呢！

從前的我認為煮食是一件很簡單的事，但經過這周的訓練，我體會到煮食要花心思，也明白要珍惜食物。正所謂「堅持就是勝利」，只要持之以恆，相信將來我一定可以煮出更美味的菜餚呢！

記一件讓我反省的事

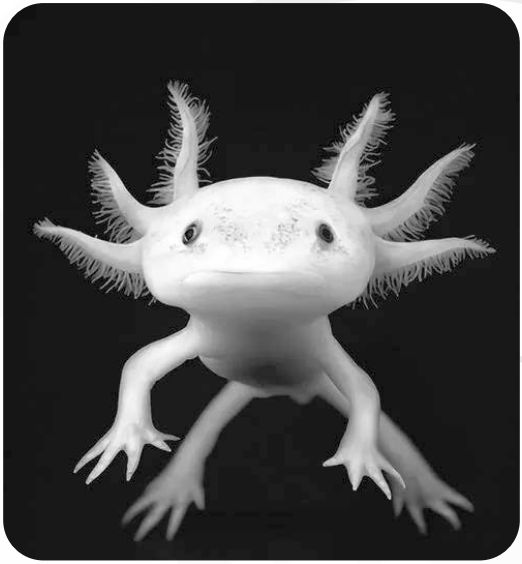
6C 方灝鈞

幾個月前，我在網上看到一隻小動物——蠑螈（又稱「六角恐龍」），我覺得牠的樣子很可愛，於是忽發其想，跟爸爸和媽媽說我想養這隻寵物。第二天，爸爸終於答應了我的請求，我高興得跳了起來。可是爸爸同時也提出了一個要求，就是要我自己負責每天給蠑螈換水，我想也不想便爽快地答應了。

到了「金魚街」，我焦急地尋找可以買蠑螈的地方，我找了很久，終於不負所望，找到出售蠑螈的店舖。雖然價錢比我想像中昂貴，但爸爸都替我付款。在我的精挑細選下，我終於找到了一隻我最喜歡的。我同時買了一支「神奇」的藥水——滴了它便可以讓缸裏的水變得乾淨。回家後，我急不及待地把牠放入缸中，並興奮地在社交平台向朋友公布這個喜訊。

接下來的日子，我履行了自己的承諾，每天都肩負起給蠑螈換水的責任。可是過了幾個月後，我的三分鐘熱度已經減退，甚至開始覺得有點煩厭。我由每天給蠑螈換水，變成只是在缸中滴藥水代替。媽媽知道後便提醒我一定要給蠑螈換水，不然的話牠便會因患上皮膚病而死亡。可是我並沒在意，結果在幾個月後，牠身上開始起了水泡，最後便死了。

蠑螈的死令我感到傷心和自責。如果我能定期給牠換水，牠便不會死去。這件事除了讓我明白了「不聽老人言，吃虧在眼前」這句話的意思外，也明白在飼養寵物前一定要三思，更要做一個負責任的主人。



給父母的感恩信

6D 王宇汐

親愛的爸爸、媽媽：

您們好嗎？我的生日快將來臨了，這意味着我又長大一歲，在這裏，我要感謝您們為我帶來生命，您們還不辭勞苦地照顧我。

記得小時候，有一次我發燒了，外面正下着暴雨，媽媽您連夜帶我到醫院就診，我看到您當時臉上滿是不知雨水、汗水，還是淚水，這情景我依然深深地記着。還有一次，我測驗不及格，回到家中心裏的水桶七上八落，我怕爸爸您看見我的挫敗。我本來以為您會罵我，打我，但您卻開解我，告訴我，只要盡力了，就可以了，還與我一起檢討失敗的原因。我是多麼感恩能有這樣懂得體諒的父母。

近來，我看見您們的頭髮慢慢變白，身體開始出現毛病，一想到這些，我的鼻子就感覺酸酸的。爸爸，您像一座大山，支撐着整個家庭；媽媽，您像太陽，照亮我成長的路。沒有您們就沒有我，感謝您們！我會努力做好自己的本分，不會讓您們為我而操心。就此擱筆。

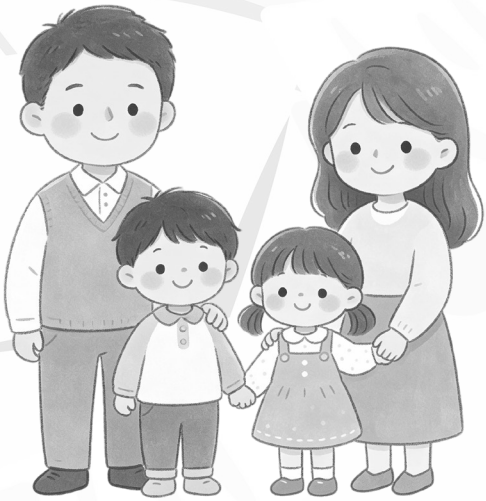
祝

身體健康

兒子

宇汐

十一月一日



運動的重要性

6D 盧一綦

運動是甚麼？運動是一種不停移動和變化姿勢的動作。運動是日常生活中不可或缺的部分，它對我們的身體、心理及人際關係有很大的益處。

首先，運動對身體有莫大的益處。做帶氧運動的時候，我們會透過喘氣，心跳加快，從而增加心肺功能，促進血液循環，例如游泳時，我們的肌肉和血管的彈性會有所提升，使我們的身體更紮實，從而加強抵抗力，令身體變得更健康。由此可見，運動對身體有很大的益處。

此外，運動對心理健康也有很大的幫助。我們進行緩慢而温和的運動，能有助我們消除在學習或工作上積壓已久的壓力，提振情緒，增加愉悅感和自信，例如進行瑜伽運動能減少出現抑鬱和急躁情緒，釋放身心。因此很多人會選擇在情緒差的時候，進行一些舒緩運動，紓解壓力。

其次，運動對人際關係也有很多好處。團體運動能夠培養個人和團體的責任感，通過互相合作和配合，我們能增加與隊友或對手的互動，從而結識不同的朋友，擴闊社交圈子。參加團體比賽，例如踢足球，能夠增加隊友彼此之間的默契，加強團隊合作精神，結識志同道合的朋友，而在互相交流心得時，也會產生欣賞對方的優點與包容缺點的感覺，彼此的友誼更加鞏固。由此可見，運動對人際關係也有莫大的益處。

相反，如果不進行運動，有機會增加我們患上各種疾病的風險。根據衞生署的研究，我們當中有百分之六十至八十的成人過着靜態的生活，很少進行運動；約三分二的兒童身體的活動量不足，缺乏運動。而缺乏運動的人會比常做運動的人多百分之二十五的機率患上乳癌、大腸癌；百分之二十七的人會患上糖尿病；百分之三十患上心臟病，可見缺乏運動對我們的身體健康確實帶來很多壞處。

然而在進行運動時，我們也需要注意不同的事項：進行運動的時候，我們一定要注意安全，配戴足夠的防護裝備，並要檢視場地是否合格、穩妥。此外，做運動時也需要有適當的休息，以免出現昏厥或不適的情況。



要養成運動習慣，我們可先選擇適合自己的運動和編訂時間，由進行簡單的運動開始，慢慢轉向難度較高的運動，循序漸進，那樣才能取得效果。

正所謂「生命在於運動」，運動是調劑生活的良方，也是健康的來源。運動無論在身體、心理健康還是人際關係都有很大的益處，就讓我們抽時間進行運動吧！

我真幸福

6D 劉浚碩

你們知道幸福是甚麼嗎？有人認為幸福是人們能無憂無慮、隨心所欲地過自己理想的精神和物質生活，心靈上獲得滿足感。但我覺得幸福的定義很簡單，那就是擁有快樂。因為我擁有父母的愛、設施齊備的家和良好的學習環境，因此，我非常幸福！

我真幸福！因為我擁有父母的愛。每一年生日，父母都會送我喜歡的禮物，全家人都會和我一起慶祝生日，吃生日蛋糕；如果我病倒了，父母會陪我去看醫生，督促我吃藥，全心全意地照顧我。相比那些缺乏父母照顧的孩子，我真是幸運得多了。有些孤兒失去父母，也有因為父母離家工作而需要留在家中的「留守兒童」，他們得不到父母的愛。他們不但生日的時候，沒有人為他們慶祝，沒有生日蛋糕，更沒有生日禮物。如果病倒了，也只能自己照顧自己，有些孩子更因為家境貧困，沒有足夠的藥物治療自己的病。因此，相比那些可憐的孩子，我得到父母的愛，家人的照料，我實在是太幸福了！

我真幸福！因為我有一個設施齊備的家。炎炎夏日，當我外出回到家，就有空調為我消暑；冬天的時候，從寒風凜冽的街外回到家中，就有暖爐為我送上溫暖。此外，家中還有很多不同的電子產品，如電視、智能手機等。我的家裏還有一張舒適的牀，每當我感到疲倦的時候，便能躺在牀上舒舒服服地睡上一覺；可是那些貧窮的人，缺乏生活物資，不要說是否能夠有一個設備齊全的家，他們的家裏可能連生活必需的設施也沒有。我曾經在電視上看過一段短片，那些窮困的人家裏甚至連坐下的椅桌也沒有。相比起他們，我真是太幸福了！

我真幸福！因為我擁有學習的機會。每一天，媽媽都會送我和弟弟上學。在學校裏，我們得到老師悉心的教導，學習很多不同的知識。即使我遇到不明白的問題，老師也會詳細地講解。另外，我還結識了一班好同學，在課間休息時，我們都會一起玩耍，談天說地。此外，我還有機會學習不同的課外知識，讓自己成為一個多才多藝的人；相比那些沒有學習機會的孩子，他們就沒有那麼幸運了。很多住在山區的兒童不但沒有設備齊全的學校，有些兒童因為要留在家中幫忙做家務，甚至連上學的機會也沒有，因此很多山區兒童仍處於一個文盲的狀態，連自己的名字也不會寫出來。相比起他們，我真是太幸福了！



總括而言，我得到父母的愛，能夠住在設備齊全的家，擁有優良的學習環境，我覺得自己很幸福！但幸福不是必然的，因此我們要好好珍惜，長大後我一定會孝順父母，還要捐獻給那些有需要的孩子。

英文科

2023-2024

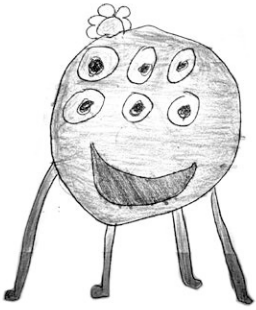
英文作品



I Like Monsters!

1A Lee Lok Yin, Candy

This is my monster, Anna. She is tall and fat. She has six big eyes and one big mouth. She has four long legs. She is cute. I like her!

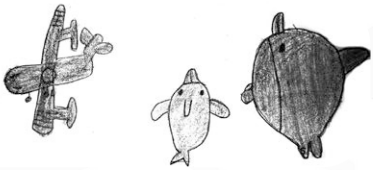


My Toys

1A Leung Yu Kiu, Hebe

I have one toy plane.
It is red. It is small.
I like this toy plane.
Do you like my toy plane?

I have two toy dolphins.
They are blue.
One is small, one is big.
I like these dolphins.
Do you like my dolphins?



Me and My friend

1A Huang Sze Ching, Stacey

My name is Stacey. I am six years old. I am in Class 1A. I have an eraser, a pencil, a ruler and a glue stick.

This is Aiden Lam. He is six years old. We are in Class 1A. He has a crayon, two pairs of scissors, two glue sticks and coloured pencils in his pencil case.



I Like Monsters!

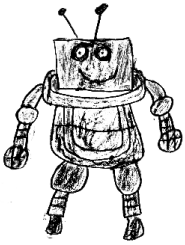
1B Shum Chin Yuet, Lucy

This is my monster, Lisa.
She is tall and thin.
She has one big eye and one big mouth.
She has six short arms and one long leg.
She is cute. I like her!



My Toys

1B Loi Chi Lok, Lake



I have a robot.
It is blue and green.
It is big.
I like this robot.
Do you like my robot?

I have four balls.
They are black and blue.
They are small.
I like these balls.
Do you like my balls?





My Favourite Clothes

1B Pang Hong Yin, Vagus

I like my dress. It is red, yellow and white.
There are some hearts and ribbons on it.
Mum buys it for me. It is beautiful.

I like Monsters!

1C Wong Nga Lam



This is my monster, Sammy.
She has two big eyes and one small mouth.
She has two long arms and two short legs.
She is cute.
I like her.

My Toys

1C Cheuk Yik Hei

An Ultraman figure
It is a toy figure.
It has a round head.
It has two big eyes.
It is silver and red.
I like this figure.
Do you like my figure?



Keroppi dolls
They are my dolls.
They have big heads.
They have big round eyes.
They have two short arms and two short legs.
I like these dolls.
Do you like my dolls?







My Favourite Clothes

1C Woo Chui Shan

I like this dress. It is pink, orange, blue and yellow. There is a colourful butterfly on it. It is a gift from my dad. It is beautiful.

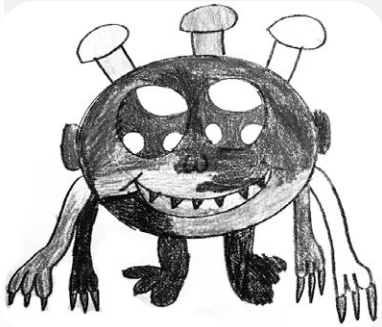
Me and My friend

1D Wan Seng Chit, Hayden

My name is Hayden. I am six years old. I am in Class 1D. I have six pencils, one ruler, one glue stick and two rubbers in my pencil case.

This is Hinson. He is six years old. We are in Class 1D. Hinson has three pencils, one pair of scissors, one rubber and one pen in his pencil case.





I Like Monsters!

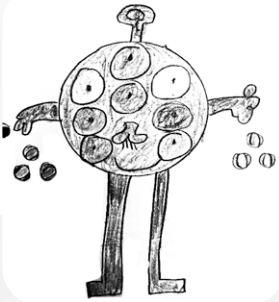
1D Fung Kacey Ki Ching

This is my monster, Kyle. He is short and fat. He has two big eyes and one big mouth. He has six sharp teeth and twelve sharp claws. He is adorable. I love him!

I Like Monsters!

1D Lau Tsz Ching, Kaylee

This is my monster, Sweetie. She is round and fat. She has eight big eyes and one big ear. She has two short arms and two long feet. She likes playing with balls. I love her.



Lazy John

2A Chan Yan Yuet, Ida

John has dinner with his family at a quarter past six in the evening. He eats some chicken and fish because the food is yummy. He feels full.

After the meal, John plays with his toy plane and toy robot in the room at half past eight in the evening. He feels excited.

Later, John plays happily in his room at eleven forty-five at night. His mother says, “John, you need to go to school tomorrow, please do your homework. Don’t play with the toys now.” John says, “Okay, I will do my homework, leave me alone please.” He feels annoyed.

The next day, John goes to school. His teacher asks, “Where is your homework?” John says, “Sorry! I didn’t do my homework. ” His teacher is angry. John is standing in the classroom now. He feels unhappy.

Lazy John

2B Lai Hin Tong, Elvis

John has dinner with his family at a quarter past six in the evening. He eats fish and baked chicken because the food is delicious. He feels yummy.

After the meal, John plays with his toys. He plays with a robot till half past eight in the evening. He feels excited because these are his new toys.



It is a quarter to twelve at night, John plays with his toys. His mother shouts at him because he doesn't do his homework. He feels scared.

The next day, the teacher is disappointed because John doesn't hand in his homework. He stands in the classroom in the morning because he doesn't do his homework. He feels unhappy.

My Family and I

2B Ling Suet Laam, Laam

My name is Laam. I live in Wong Tai Sin. I go to Canossa Primary School by car.

I have no brother or sister. My mother is a secretary. She prepares documents. My father is an accountant. He works in the Finance and Accounting sector.

I love my family because my father and mother love me.

My Favourite Place at School

2B Liao Sum Ling, Jenny



My favourite place at school is the library. It is on the second floor. There are many books in the library. I can read books there.

We must keep quiet. We mustn't talk on the phone because it will affect others.

I have fun at school every day. I love my school library!

Lovely Winter

2C Lai Tsz Ching, Hailey

It is cold and windy in winter.
I wear a pair of gloves, a scarf and a coat.
I read at home in winter.
And I drink hot chocolate and eat hotpot for dinner.
I also use warm bags to keep my hands warm.
That's what I like to do in winter!

By Hailey Lai





Freezing Cold Winter

2C Wong Kai Shing, Sam

It is cold and windy in winter.
I wear a pair of gloves and a scarf.
I have a hot bath in winter.
And I eat hotpot and drink hot chocolate.
That's what I like to do in winter!

By Sam Wong

My Family and I

2C Fung Hei Tung, Charlotte

My name is Charlotte. I live in Kai Tak. My school is Canossa Primary School. I come to school by bus.

I have one brother. He studies in Class 6A in the same school with me. My mother's job is a clerk. She is responsible for preparing documents and administrative works. My father's job is an engineer. He supervises the progress.

I love my family because they take care of me.



My Family and I

2D Wong Yat Sum, Jonathan



My name is Jonathan Wong. I live in Wong Tai Sin. I go to Canossa primary school. I go to school by bus.

I have two brothers and one sister. There are six people in my family. My mother is a teacher. She teaches children at school. My father is a doctor. He helps sick people in the hospital.

I love my family because they love me and always support me.

My Favourite Place at School

2D Mao Hei Yi, Heily



My favourite place at school is the computer room. It is on the first floor. There are many computers in the computer room. I use the computer there.

We must keep quiet in the room. We mustn't eat or drink in the room because it may make the room dirty. I have fun at school every day!

Helping at Home

3A Choi Sin Ting, Candice

Oscar is my brother, and he helps with the housework for us. He mops the floor and washes the dishes every Sunday. He does the housework every Sunday. He is as busy as a bee.

I sometimes help with the housework in the sitting room. I usually help Oscar and Mum sweep the floor. I fold the clothes and hang up the washings in the sitting room.

I feel busy helping at home but I am satisfied because I am helpful, and my mum can take a rest.

AK is Missing

3A Chan Sum Wing, Raini

Last Monday, Kathy and her parents went to Mirror Park with her cousins Ian, Edan and AK. They went to Mirror Park by car. They were very excited.

At nine o'clock, they arrived at the park. They played hide-and-seek. Kathy said, 'One…two… three…' Her cousins ran and ran. And Kathy shouted, 'I come to catch you!' Ian said, 'You can't find me!' They were happy! Ian hid behind the bushes. Edan was under a bench. Where was AK? Kathy could find Ian and Edan, but she couldn't find AK. They were worried.

'AK, where are you?' they asked. 'I'm here! Haha,' shouted AK. Suddenly, she ran out from the toilet. She was in the toilet. She was good at hiding. They were glad.

Go Hiking

3A Chan Sihan, Mandy

Last Sunday, my family and I went to Sai Kung Country Park. We felt excited. Then, we decided to go on an adventure. The lake was on the left and the cave was on the right. We looked forward to seeing what happened next.

We found that there was a lake when we walked through that cave. I felt worried because I saw some naughty children. They picked flowers and fed the fish. I advised them not to do them anymore. They felt sorry and apologized to me.

We need to follow the rules when we go hiking.

My Favourite Activity

3A Ip Cheuk Kiu Helena

Dancing is my favourite activity. I love dancing so much. I dance in the Dancing Centre every Friday. I always dance with my sister Hemera and Miss Yeung in the dancing class because we join the dancing lessons together.

I like dancing because I enjoy dancing in the studio. I feel excited and satisfied when I dance. My mum always says I am like a dancer. Maybe I will be a dancer one day. I cannot wait to dance again!

Kathy's Interesting Day Out

3B Chan Hiu Ki, Coby

Last Sunday, Kathy's parents took Kathy and her cousins to Lion Rock Country Park for a picnic in the morning. Kathy played hide-and- seek with her cousins. They felt excited.

Suddenly, they could not find Anne. She was missing. They were scared and worried.

Finally, they found Anne. Anne hid in a big tree hole. They all laughed at her because she was so dirty. Kathy enjoyed her interesting day out a lot!

Helping at home

3B Han Yu Tung, Nicola

My mum is a housewife. She gets up at 6 a.m. every day. She prepares breakfast and things for us. After we go to school, she does all the housework.

Then she goes to the market to do groceries. At 2:30 p.m., she picks us up from school. She is as busy as a bee.



After school, she teaches us homework. Then, she makes dinner. Before dinner, I set the table in the dining room. After dinner, I feed the pet on the rooftop too.

I feel happy helping at home because it is as easy as ABC and I can help Mum make our home clean.

Helping at Home

3C Tong Lok Ching, Geni

Sally is the domestic helper of my family. She makes the bed, does the laundry and makes breakfast for me every day. Sometimes, my mum and I help her with the housework.

I set the table in the dining room every evening. I take out the trash once a week. These are as easy as ABC. Although my mum works until eight o'clock every day, she does the grocery shopping and washes the dishes after work. She is as busy as a bee.

I feel happy about helping at home because I like doing housework and I want to reduce Sally's burden too!

Helping at Home

3C Kwong Sze Pui, Ellie

My mum is a housewife. She does the housework for my family. She cooks dinner and washes the dishes every day. She makes the beds every day too. She is hardworking. I sometimes help my mum with the housework.

I usually sweep the floor in the living room. I fold the clothes in my bedroom on Sunday. I like to keep my home clean.



I like helping at home because it makes me happy and contented. My mum is very relaxed. Doing housework is not easy. My mum takes care of me. She is as busy as a bee.

Peter's Accident

3D Leung Ho Wang, Will

Today is the fifth of May. Peter is playing football at Happy Park.

When he is having fun, Peter accidentally hits a little girl with his football. The girl immediately bursts out crying when her mum is having a picnic and doesn't notice.



Her mum notices and she immediately goes and comforts her daughter. The doll is dirty because it drops on the sandwiches and the girl's mum drops her water bottle. Peter feels sorry for them. The girl's mum feels bad for her daughter, but angry with Peter.

The girl's mum is furious. She gets up and disciplines Peter. She tells Peter to be more careful and Peter promises her to be more careful. What a horrible day!

What Can I Do to Help My Mum at Home?

3D Yu Yan Yin, Chloe

My mum always does the housework at home. She makes the bed and prepares dinner. Dad and I help her with the housework.

I always help at home because Mum is so busy. I help Mum after school. I set the table in the dining room and fold the clothes in the bedroom.



I feel satisfied about helping at home because I can help Mum and the housework is as easy as ABC.

Kathy's Fun Picnic Day

3D Fong Chung Ni, Annabella

Yesterday, Kathy went to have a picnic with her parents and her cousins. They went to the country park by MTR.

At one o'clock, they arrived at the country park. Kathy's dad and mum were eating. Then, Kathy and her cousins played hide-and-seek together. They were happy.

After that, they were tired and took a rest beside a tree. Suddenly, Kathy shouted, 'Where is Anna? I cannot find her!' They were worried.

Next, they walked around to look for Anna. They found her on the mat. She was eating an apple. They were happy because they found her and they ate snacks with her too.

Playing Basketball Is My Life

3D Kung Pui Yan, Chris

I love playing basketball so much. In fact, I play it every Sunday. I always play it in the playground with my sister and father because they like playing basketball too.

I like playing basketball because I want to get taller. I feel happy and excited when I score. I can shoot a three-pointer now. I will learn how to throw a long pass and to start a fast break. I cannot wait to play basketball again.

Picnic Day

3D Lee Hei Yu, Hedia

Last Sunday, Kathy went picnicking with her family and cousins. They prepared lots of food and drinks.

The weather was nice. The kids felt bored and decided to play hide-and-seek. Kathy needed to catch Tom, Jerry and Hedia to win the game.

Later, Kathy quickly found Tom and Jerry, but none of them could tell where Hedia was.

Ten minutes later, Kathy finally found Hedia in a tree.

At last, the kids were hungry. They finished all the food and felt exhausted, so they went home.

What a happy day!



A Picnic Day

3D Liu Junxi, Jason

Last Sunday, Kathy, her mum, dad and cousins, Tom, Macy and Jason, went to Tai Po Park for a picnic as the weather was decent.

Meanwhile, Mom and Dad were resting on the mat. Kathy, Macy, Tom and Jason were playing hide-and-seek. Jason, Tom and Kathy quickly hid themselves while Kathy was counting down.



Later, Kathy found Tom and Jason within a few minutes. However, Macy was missing.

Eventually, they found Macy in a tree. She was sitting on a branch and she couldn't get down. She felt terrified and helpless. Next, Kathy's mum helped get Macy down.

By the end of the day, Kathy learnt that she should think twice before she does anything risky.

Greedy Ray

4A Pun Tsz Ching, Crystal



Last Sunday, Ray joined Sam's birthday party at his home. Ray couldn't wait to go to Sam's birthday party!

There was plenty of delicious food and tasty drinks at the party. Ray ate like a pig. He ate ten chicken wings, five mango puddings, three sandwiches, and too many chips. He drank ten cans of cola. He was smiling because he never ate so much food.

At midnight, he felt so sick. He had a bad stomach ache. He could not sleep that night. The next morning, his mum took him to the hospital. His face turned green.

The doctor said, 'You should follow the food pyramid. Don't eat too much junk food. It will make you unhealthy.' After Ray recovered, he ate more vegetables and fruit. He ate less junk food, sweet and fried food. He also drank less cola but more water. Now he becomes healthy.

I Like Swimming

4A Mak Ka Ching, Suzy

My name is Suzy. I am nine years old. I live in Lok Fu with my dad and mum. My dad is the tallest and I am the shortest in the family. I study in Canossa Primary School. I go to school by school bus. I am in 4A this year and my class teacher is Mr Lam.

I like swimming. I usually go swimming in Morse Park Swimming Pool with my mum at half past six in the evening. My mum swims faster than me. We go swimming twice a week. I like swimming because it makes me happy.

A special thing about myself is that I am friendly because I often say 'Good morning' to my parents, friends and teachers and 'Good night' to my parents too. Also, I am afraid of rats. I am trying to be brave.



Jim's Resolutions

4A Fong Hoi Ka, Emma

On New Year's Eve, Jim joined a countdown party at his friend's home. He ate a lot of delicious food and drank a lot of cola. His heart was pounding.

Suddenly, his parents came to find him. His dad was very angry and shouted at him, 'Why are you here now? You always play online games at night and fall asleep when you do revision. So you failed all the exams and tests.' Jim's face was blushing because his friends laughed at him.

The next day, Jim made his new year's resolutions. He wrote down some goals. 'I want to improve my school results.' He felt hopeful.

But his mum said, 'You need to do something to achieve your goals. What are you going to do?' Jim said, 'I'm going to set my study timetable and play fewer online games.'

My Best Friend – Sherry

4B Tsang Wing Yu, Chloe



My best friend is Sherry. We are the same age. We are in the same class too. She has long black hair and wears glasses. I like her because she helps me with my homework and takes care of me.

We like to talk and play with each other. We skip together at school too. She sometimes tells me some jokes and we all laugh because these jokes are very funny and interesting.

Yesterday, she told me that she skips every day and now her skipping skill is better than before. She felt happy so she jumped up and down. I felt happy too because she is my best friend. I hope I can play with her and talk to her more often.

My Best Friend – Sara

4B Huang Wai, Kerry

Sara is my best friend. She was my kindergarten classmate. We are the same age. We were in the same class last year. This year we are in the same class too. She has long hair and small black eyes. I like her because she likes telling jokes. But she doesn't like smiling.



We like doing homework, eating snacks and drawing pictures together. We know everything about each other. Once when we were putting on our socks at recess in the playground, one of our classmates bumped into us. We were scared. We didn't get hurt.

This year we are in the same class. We often play at recess. But I hope we will not meet the careless classmate again.

My Best Friend – Reinsman

4B Li Ka Chun, Harry

My best friend is Reinsman. He is nine years old. We are the same age, but he is older than me. His birthday is in January and my birthday is in May. He wears a pair of glasses and has short black hair. He loves his sister very much. We always play online games with our friends. We always play and help each other.



We like playing online games, eating and helping each other with our homework. We always play with each other during break time. We are happy.

Last year, we played online games together. I really want to play online games with my best friend because he is polite and nice to me.

My Best Friend – Lorey

4B Louie Chun Hang, Sam

Lorey is my best friend. We are the same age, but he is four months older than me. We went to the same school last year. Now, we are in different schools. He has hazel eyes, short spiky hair and a straight nose. I like him because he is kind and friendly. Lorey does exercise with me every day.



Last time, we went to watch a basketball match to support our favourite player. He is Stephen Curry. Once the match finished, we watched another football match with our favourite football player. He is Messi. Lorey and I jumped up and down. Then, we played football in a football court and played basketball in a basketball court.

This year, we go to different schools, but we still see each other every weekend. I wish we can see each other every day.

Lily

4C Cheung Hing Wan, Pony

Lily is my best friend. She is ten years old and I'm nine years old. We are different ages. Lily has long black hair and big blue eyes. She is funny, hard-working and kind. She is my best friend because she is always here for me.

We like doing sports, playing Frisbee and cooking with each other. We know some secrets about each other. We sometimes meet each other in the same park and we often cook together.

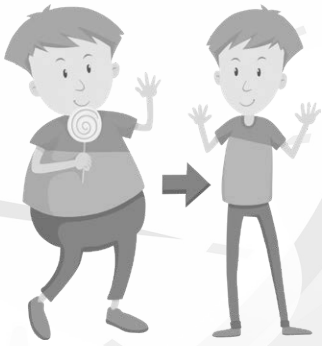
Last Sunday, we made sushi and played Frisbee. It was so fun to play with her. Next week, we will do some sports exercises and I hope I can be with her more often.

Jim's Big Change

4C Tong Chi Lok, Carson

On Sunday, Jim's mum and dad brought him to a party. He promised his parents he would get higher grades.

First, he saw a table full of fried food and junk food, and his slobbering mouth was full of saliva. He ran to the table and ate half the snacks until his belly was extremely full. After he finished, he saw someone at the party laughing at him for being fat like a pig. His face blushed and his cheeks were reddish too! His dad heard the noise and came to check, then he scolded Jim. Jim's dad said Jim always played video games, never did exercise, never studied and ate fifty out of one hundred snacks a day.



The next day, Jim had an incredible idea. Jim wrote a New Year's resolution and a timetable. He felt pretty confident about the plan. He set four goals. The first one was that he is going to have a balanced and healthy diet. Second, he will do exercise every day like jogging. Third, he will play fewer video games. He'll only play for half an hour every day. Last but not least, he is going to improve his awful school results and get higher and better grades.

In January, Jim wasn't fat anymore. He ate plenty of fruit and vegetables and did some exercise. He also got ninety marks in his exam. He kept his promise!

Ray Has to Have A Healthy Diet

4C Ng Yuet Ning, Nina

It was 9th February 2024. It's also the last day of the Year of Rabbit. Ray was having a Lunar New Year party with his friends. He suddenly had a stomach ache and went to the hospital with his mum.



He was in pain. When they went to the hospital, the doctor said, "You ate too much fried food and junk food in one day. You also drank too many bottles of cola. Those are not good for your health." Ray was scared because he didn't want to take medicine. His eyes were full of tears. "You should eat more healthy food and less junk food. You also need to drink six to eight cups of water every day. You should sleep at nine o'clock every night and do more exercise," the doctor told Ray.

Unhealthy Ray to Healthy Ray

4C Wong Ho Lam, Kinson

Last Sunday, Ray had a party at a party room.

Ray ate sausages, chicken wings, mango puddings, chips, sandwiches and drank a few cans of cola there. He stuffed chicken wings in his mouth and hungrily wolfed down the sausages. Suddenly, his face turned green and his mum was pacing back and forth. His mum took the bus to the hospital with Ray immediately.

When they were on the way to the hospital, Ray did not feel better. When they arrived at the hospital, the doctor checked Ray's body. "You should have a balanced diet," the doctor said. "You should eat enough dairy products. They can give you calcium. Eat more noodles, pasta and meat because they can give you enough energy. Eat more fruit and vegetables. They can help you fight against the viruses. Ray, do you understand?" "Yes, I will follow your advice," Ray answered.



Jim's New Year's Resolutions

4D Ng Cheuk Wing

It was late on New Year's Eve, Jim had a party at the bar. He was very excited. He had some delicious food, drinks and snacks and he sang at the countdown party.

Jim's parents appeared suddenly and scolded him because he played online games every day. He always failed the tests and got bad school results. He also slept in class. His parents were so angry. The people laughed at him. His face blushed when he was scolded by his parents.



The next morning, Jim made New Year's resolutions and set his study timetable. He needed to improve his school results and did more revision. He went to bed early every night. He felt hopeful.

After working hard for a few months, Jim passed the exams at school. He had a good sleep every night so he had good health and a better mind. His eyes sparkled and he thanked his parents for teaching him.

Ray's Unhealthy Diet

4D Ip Wai Kiu Hemera

Last Sunday was Christmas Eve. Ray's friend, Sam, had a party to celebrate Christmas at his house. He invited Ray and his classmates to the party.

There was plenty of food at the party. Ray ate like a pig. He ate a loaf of garlic bread, plenty of onion rings, three packets of sausages, ten bars of chocolate and 20 chicken nuggets. After he had finished his food, he went dancing. His tummy started to hurt, so he called his mum to take him to the hospital.

Once Ray and his mother arrived at the hospital, they looked at the new shiny building as he was hanging his head. Mum's palms were sweating.



When they went into the doctor's room, the doctor gave Ray a normal check up and looked at the results. After that, he said, 'You should have a balanced diet. You need to follow the food pyramid. You should eat more fruit, meat and also enough dairy products too! You should eat less fried food and junk food.'

In the end, Ray followed the doctor's advice and he felt hopeful for his lesson learnt.

Andy Had an Accident

4D Wong San Yui, Sunny

Last Monday, Andy and Jamie went cycling. But Andy did not wear a helmet. He did not wear knee pads either. Although he did not know how to ride a bike, he was a prodigy. He learnt very fast and soon he could control the bike. He was happy.

Andy was too confident and he went down a slope. He rode faster and faster. He could not control the bike and fell off from the bicycle. He was hurt and his eyes were full of tears.

Andy cried for help. Jamie saw that and rushed to him. He instantly checked Andy's wounds. His left knee and both hands were bleeding. Jamie was very worried.

Jamie called Andy's dad. He went there immediately. When Dad saw Andy, he said, 'Next time, you need to wear knee pads.' Andy answered, 'I will.' Dad called the ambulance and they went to hospital. Luckily, Andy was not seriously hurt. The doctor put some bandages on his hands and knee and they went home.

Andy learned that he had to be careful when he played sports.

A Crime in Art Museum

5A Ren Ngai Yu, Tony

This morning, I went to Art Museum to look at the display and statue. There were so many fine arts. That was amazing and interesting. I saw a man and a lady there. The man was in a white T-shirt and black trousers. He was also with a black rucksack, a black hat and a white mask, and the lady was in a pink T-shirt and white trousers. She was with a handbag too!

Suddenly, the man behaved strangely. He cautiously walked towards the lady because he wanted to steal the lady's phone. He looked at the phone and smiled wickedly.



After that, the man approached the lady. He secretly reached for the phone. Then I saw it and immediately said, 'Be careful!' But it was too late, the man was gone! I told the lady what had just happened and called the police for help.

In the end, the man was in prison and the lady took her phone back in the police station. I learnt to put my belongings properly in order not to be stolen.

My Dream Job

5A Zhuang Kai Yuan, Amy

My dream job is to be a designer. I would like to draw some pretty dresses or clothes on the paper. As a designer, I need to design clothes that satisfy customers. I choose this job because I like designing clothes.

If I want to be a designer, I need to be good at drawing and designing clothes. Good drawing skills is important. It allows me to design clothes more efficiently.



Besides, being patient and creative is also important because designing excellent clothes requires patience and creativity.

To prepare myself to be a designer, I need to learn how to draw and read more books about design. I hope I can be an excellent designer one day.

A Bad Day

5A Wong Cheuk Him, Jackson

Sunny 19th December, 2023

Yesterday, my mum asked me to do some housework so I stayed at home. I washed the dishes and the phone rang.

Then, I chatted with my friend and watched the television. I turned the TV volume louder and gobbled up the chips. The chips fell onto the floor, but I didn't clean it.

After that, I felt tired so I slept on the sofa. Suddenly, Mum came back and saw that the tap had not been turned off. She said, 'Hey! Don't sleep! Wake up! The kitchen is flooded!' It was a nightmare. I woke up and I saw the kitchen was flooded. At that time, I was shocked. All the plates, bowls and even the floor were all wet.

One minute later, Dad came back. He was angry and yelled, 'Tidy the kitchen now!' My eyes were full of tears because I have never seen Dad that angry.

Finally, I cleaned the kitchen and I learnt not to do other things when I am doing something else.

My Dream Job

5B Chen Qin Yu, Jacky

My dream job is to be a veterinarian, or commonly known as a vet. It means being an animal doctor. Being an animal doctor can keep animals healthy, save them from dying, take care of them, cure their sickness and make sure the animals take their vaccination and medicine. Apart from helping animals, a vet also has to take care of the owners by explaining the illnesses to them and making the owners more reassured. I choose this job because I have a special bonding with animals. I have had a dog for 8 years and it always plays with me when I am bored. Playing with my dog makes me realise that animals are important. That's why I am passionate about helping animals.

If I want to be a vet, there are three qualities that I should possess. First, I need to be gentle so that I can take care of the owner's feelings and emotions. Second, being caring is also important as you can build the bonding the animals. Last but not least, being a responsible vet a prerequisite because a good vet has to be in charge of the animals' lives and its surgeries.

To prepare myself to become a vet, I have to be hardworking. I need to read more books about animals, such as diseases and medicine. Furthermore, I have to have good grades in my academic performance in order to be a vet.

My Dream Job

5B Ho Yik Him, Johnny

My dream job is to be an actor. I would like to perform on the stage, in films or on television and make audiences happy. As an actor, I need to play different roles and memorize lines. I choose this job because I like acting.

If I want to be an actor, I need to be good at memorization and have creativity. Good memory skills can quickly store information and enalbe me not to forget the lines easily. Having creativity can easily act in new roles. Besides, being humble, gracious and hard-working is also important because these qualities can make me get more acting chances and the audience will love me.



To prepare myself to be an actor, I need to watch movies filmed by my favourite actors and join some acting lessons.

My Dream Job

5B Tong Fei Fei, Fifi

My dream job is to be a teacher. I would like to teach my students Mathematics and make them enjoy solving Mathematical problems. Mathematics is no longer a subject filled with challenging problems, but rather an interesting subject. As a teacher, I will make good use of videos and games to make my lessons more fun-filled. I choose this job because I like teaching children.

If I want to be a teacher, I need to have confidence and patience in my teaching. Self-confidence can make it easy for my students to follow my instructions. Huge patience is important because it can provide individualised attention and support to each student. Besides, being creative is also crucial because it can help my students to understand Mathematical problems.

To prepare myself to be a teacher, I need to study hard and learn more teaching skills for problem solving. I hope I can be a popular teacher one day.

A Diary

5C Chan Nok Wai, Rex

20th December Sunny
Dear Diary,

Yesterday afternoon, my mom went shopping. Before she left, Mom said, 'Remember to wash the dishes.' 'Okay!' I replied. So I started washing the dishes.

Ding Ding Ding Ding! The phone rang.

I took it and saw that it was my friend, Tom, calling. We talked all day. We talked about our school life. I ate snacks and I watched TV at the same time. We talked and talked then I hung up the phone. After that I took a nap. I did not know what's coming.

Mom came back early and saw me sleeping. The floor was just like a flood because I didn't turn off the faucet! She scolded me for not being careful. After that, I hope that I won't get distracted easily.

A Day At The Museum

5C Choy Hoi Ting, Joyce

This morning, I went to the local Art Museum to get some information on ancient cave art. I was looking at the statue's information board. Suddenly, a suspicious man in a white shirt and blue jeans walked to the statue and stood next to me. I quickly went to the statue next to me and hid behind it.

After some time, a woman appeared and her purse was open. The man looked at the woman's purse suspiciously and I grew suspiciousness on the man. He began to take out a garbage bag and a knife out of his bag.

Suddenly, the man started pick-pocketing the woman's purse and slowly took her wallet out. After that, he ran as fast as he could and fled the scene. I was shocked but the woman remained silent and kept staring at the statue.

I walked up to the woman and told her that a man stole her wallet. At first, she didn't believe me but when she checked her purse, she couldn't find it. She was horrified, took out her phone from her pocket and started to dial 9-9-9. I ran out of the museum and chased after the man.

After ten minutes of chasing, he ran into an alleyway with no exit. I ran into the dark alleyway and said, 'Freeze! You have nowhere to go, hand me the wallet!'

Suddenly, he put a garbage bag to cover my head, and used a knife to hurt my leg. I screamed in pain but no one could hear my voice. I tried pulling the garbage bag off my head over and over again. Finally, the garbage bag slipped off my head. I was relieved that I could finally breathe.

I walked to the police station slowly because my leg was hurt. When I arrived at the police station, the police saw my leg and asked me what had happened. I told the police the situation. The police officer offered to help and asked me another question, 'How did the man look?' 'He was in a white shirt and blue jeans,' I answered. After that, I went back home and rested in my bed.



After five minutes, I got up and turned on the TV to watch the news. I saw that a man in a white shirt and blue jeans was arrested for theft. When I discovered this, I was so happy that I jumped up and down.

A Thief On The Lose

5C Siu Ching Yi, Joly

This morning, I decided to visit the Art Museum after three years. I had a big and bright smile plastered on my face. I was on cloud nine. The moment I stepped into the exhibition hall, I saw many drop-dead gorgeous displays but one of them caught my attention. It was a tall female statue. It had beautiful features. I was looking at its details closely. It really blessed my eyes.

The more I looked at the statue, the more I liked it. I was about to visit another statue but I saw a man with a cap and a mask. He was in a pair of black trousers; and a woman with a leather handbag and slightly curled up hair. She was very pretty. She also looked as interested in the statue as me. Meanwhile, the man was looking kind of suspicious. My guts were telling me that he was going to do something bad to the woman so I just stayed by the statue to watch the scene in case I was right.

Then, I saw the man snatch something out of the woman's bag. I couldn't see clearly what it was so I went to take a closer look and I saw a wallet. The wallet contained a lot of money. That woman must be rich then. I decided to take action so I went up and confronted the man. 'Hey! You better put the money back where it belongs or else I will call the cops!' I said as I slowly pulled out my phone. The man gasped by my reaction because he thought no one saw it. He took all the money and ran out. 'Oh no!' I mumbled. The woman saw what happened and her face fell.

I immediately called the police and they arrived at the Art Museum in no time. They started questioning me on the situation and asked me to describe the suspect's appearance. 'He has short straight black hair with a cap on top, in a white tucked in shirt, long black pants and with a belt wrapped around his waist. Along with a mask and a big black backpack.' The police nodded and told me, 'Thank you, we will try our best to search for this guy and return the money to the victim.' I sighed. After the police left, the woman thanked me with a smile for helping and I returned a smile and left. I enjoyed the rest of the day without thinking about this. Although, I know I'll never forget about this incident.

Flooding at Home

5D Tong Yat Nam, Anson

Yesterday, Mum told me to wash dishes because she was going to buy milk in a grocery shop and would not stay at home. When I was washing the dishes, the phone rang.

Later, I picked up the phone. It was my friend, Aaron. He said, 'There is a football live match on TV.' I brought some chips and cola and put them on the table. While I was watching the match, I was gobbling the chips. After that, I fell asleep because no one scored a goal in the match. It was boring. When Mum came back from the grocery shop. She shouted, 'Wake up now! Why are you sleeping? The house is going to be flooded! Turn off the tap now!



Finally, Mum called Dad and said, 'Come home quickly!' Dad rushed home and said, 'What happened here, I have never seen something like this.' I felt regretted. I have learnt a lesson - we should finish our work before doing something else.

Unforgettable Time at Art Museum

5D Hung Wing Hei, Hayley

This morning, I went to the Art Museum. I saw many art displays there. I was in a mini scarf and carried the schoolbag.



Next, I watched one of the displays. I saw a man in a pair of pants, a T-shirt and cap with a face mask. Then, the man approached the woman slowly. I was suspicious of his motive. After that, I saw the man taking out the mobile phone from a woman's bag. I was so frightened.

Then, I told that to the woman and called 999. The police came soon and caught the man. He was sent to the police station. Finally, the woman said 'Thank You' to me. I was overjoyed. I learnt that we should obey the law.

My Graduation Camp

6A Zhang Yi Ling, Angus

I joined the graduation camp in Sai Kung in March, and I was excited about the three-day trip. In the camp, I shared a room with my classmates, and we were divided into groups to play games.

There were many fun activities for us. On the first day, we played some enjoyable games. Although my team members had some arguments, we ultimately cooperated with each other. I learned about the importance of teamwork and team spirit, and I was over the moon. In the evening, we had a barbecue, and since we were starving, we ate a lot of delicious food.

The next day, I tried archery for the first time. I was exhausted but excited, and it was a great activity.

I thoroughly enjoyed my graduation camp; it was an unforgettable experience. I hope to keep in touch with my classmates and maintain our friendships forever.

School Picnic Day

6A Hui Chin Yu, Chammi

The school picnic day was at Hong Kong Baptist Assembly. We went there by shuttle bus with my classmates, and we felt so excited. When I arrived at the destination, I went to the food kiosk and bought an ice cream because the weather was hot. My friends Emily, Yuki, Chole, Ingrid, Lianne, Sindy, Suki, and I had a barbecue together, and we felt so happy.

After having the barbecue, we played basketball and dodgeball in the basketball court with our classmates from 6A. I carelessly fell down, and my face turned red. I rested for a while, and then I saw a little girl whose toy was stuck in a tree. Girls from 6A and I helped the little girl, and she said thank you to 6A and me. It was unforgettable.



When we were on the return trip, we sang songs on the shuttle bus. I think it was the happiest moment because this was the last school picnic in primary school. I won't forget it.

School Picnic Day

6A Lui Siu Ming, Ethan

It was the School Picnic Day last week. We went to the Hong Kong Baptist Assembly. We went there by a school bus. When we were on the school bus, we were singing, playing with mobile phones, listening to songs and chatting with each other. We were happy and excited.

When we arrived at the Hong Kong Baptist Assembly, we started having a barbecue. After that, my classmates and I were playing basketball while other schoolmates were playing other things. At the barbecue pit, we could not make a fire, so my classmates and I could not have a barbecue. Therefore, we went to play basketball instead. I felt so sad.

Next, when we finished the barbecue. I helped take the meat back to school because teachers and classmates didn't finish the food. The teachers asked me to take the meat. I was not happy and I kept thinking "why me?".

At last, I was sad because this was the last school picnic and I didn't know why I needed to take the meat.

My Graduation Camp

6A Cheng Ka Long, Casper

My Primary Six graduation camp took place in Sai Kung Outdoor Recreation Centre. It was held on 20th March, 2024.

On the first day, we had a barbecue at the barbecue site. I was very excited. I cooked a lot of food such as sausages, chicken wings and fish balls. My teachers, classmates and I were chatting and laughing loudly.

On the second day, there were many activities for us. We played table tennis and billiards. I didn't know how to play billiards at first. After playing it for a while, I learned a lot and started to enjoy it.



I enjoyed the camp and I treasured the time playing with my classmates. I will definitely miss each other after graduation.

An Unforgettable Birthday

6B Ho Sung Hei, Kadin

Sunny 1st July, 2023

What an unforgettable birthday! Two days ago, I had lunch with my parents. When we passed by ABC Cinema, I saw a movie named 'The Robot War.' I was interested in it because I liked war movies. At that time my parents were looking at each other.

It was my birthday yesterday, so my parents prepared a birthday party for me. Many friends came to celebrate with me. I was surprised because they invited my best friend who had moved to England! First, they gave me a lot of presents. Then, we ate lots of delicious food like sausages, chips, chicken wings, and cookies. Finally, my parents took out a mango cake and there were eleven pieces of chocolate on it because I turned eleven. They sang me a birthday song and I had tears of joy.

After the party, I unwrapped my presents. I saw a polka dot box and there were three tickets for 'The Robot War'! I was thrilled.

At night, my parents and I had dinner in a restaurant. We watched 'The Robot War' after dinner. I was joyful because it was not just a movie, but also a representation of the love I received from my parents.



School Picnic Day

6B Lui Kam Hin, Victor

Date: 23rd November, 2023 Weather: Sunny

Today, my classmates and I went to the Hong Kong Baptist Assembly for our school picnic. As sixth graders, it was our final picnic day at primary school.

On our bus journey to the destination, we all felt excited and talked with one another joyfully. Our group discussed the plans of our picnic and we agreed to play football first.

After we arrived at the picnic site, we were split into two teams and had a football match. My team scored two goals, and the opposite team scored only one goal. We then practised our dribbling and free kick skills. Whenever we felt tired, we would take a break by sitting beside the football field to relax or enjoy our snacks. We also bought some drinks and snacks from the food stall nearby.

Finally, it was time to return to school. While travelling on the bus, we sang numerous songs that we learnt from our music lessons. We even sang some pop songs. After we finished singing, our class teacher told us that five years ago on the same date, we were all in the same spot for the school picnic, and we were all in Primary One at that time. What a coincidence!

It's hard to believe how quickly time has passed, and we are about to move up to secondary school. I hope the friendship with our classmates will last forever.



A Lesson Learnt

6B Siu Ching Hin, Hinson

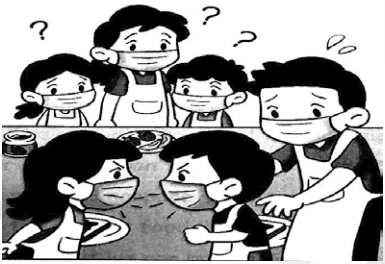
Last Saturday, Ron and I participated in a cooking class, but it ended our friendship! I hope Ron can forgive me and be my friend again.

When I arrived at the venue of the cooking class, we went into the washroom to wash our hands and put on our aprons so that we would be ready for the lesson. After we gathered around the table, the teacher said, 'Today, we will make a sandwich. First, add this. Then…' We followed the teacher's steps. Then it came to the time when I had to use the salad dressing, but Ron needed it as well. I told him, 'Me first! I need this!' Ron was as mad as a lion, and then we fought for the salad dressing. The other students were confused. They didn't know why we were fighting. The teacher was trying to stop us, but we continued yelling at each other.





Then, I accidentally pushed the salad dressing and it spilled all over the floor. Ron was furious. The teacher told us to clean up the mess and apologize to each other. I felt sorry and embarrassed for my actions.



In the end, Ron and I did what we were told. Ron was still angry with me and didn't want to be my friend anymore. I was heartbroken and regretted for what I did. I learnt that sharing is caring, and we shouldn't fight with others.

Self-introduction

6B Siu Tsun Ming, Jason

I am Jason. I am eleven years old. I live in Wong Tai Sin with my family. I study in Canossa Primary School which is near my home.

I am a responsible and helpful person. I always help my classmates and teachers at school. I was a monitor in Primary 5.

I am good at sports. I have learnt playing football for seven years. I practise it for two hours twice a week. I have been an active member of our School Football Team since Primary 5. Being a part of the School Football Team has allowed me to show others my athletic abilities and great cooperation and teamwork with my teammates. I have represented my school to participate in many football competitions and had outstanding performances.

My favourite subject is Computer Studies because information technology will be very important in the future. We can have great fun to work with or use computers. For example, we can use them to create games and videos. We can even use computer codes to write programs to entertain people.

A Lesson Learnt

6C Tsui Cheuk Yin, Tiffany

Last Saturday afternoon, Ron invited me and our parents to join a cooking class where we learnt about cake baking in Wong Tai Sin.

When we arrived at the class, most classmates have already arrived. They were waiting for us. First, we wore aprons and masks, then we got started.

The teacher taught us to make a sandwich. We took two pieces of bread and spread the jam on it. I looked forward to making my own sandwich because they looked so delicious!

All of a sudden, Ron and I wanted to get the same jar of peanut butter. We shouted at each other, we both felt angry. I calmed myself and kept making my sandwich. When I finished my sandwich, Ron came and said sorry to me. I felt sorry too, because I knew best friends are not like that. We both did something wrong and we felt bad.

In the end, we were still best friends. I learnt that when we have problems, we should keep calm because we can only solve problems when we are not angry.

Self-introduction

6C Ma Wai Leung, Oscar

I am Oscar, I am eleven and I live in Tsui Chuk Garden with my parents and my sister. I study in Canossa Primary School which is in Wong Tai Sin near the MTR station,

I am a kind person. I always help my classmates at school. I have been a discipline prefect since primary 6. Being a discipline prefect, I can learn to look after small children. If they cry, I will comfort them and tell them what to do.

I am hard-working because I will do and review my homework during the recess. I will also make a lot of preparations before the exam. I will read books when I get home.

My hobby is playing basketball. I have learnt it for two years since I was a p.4 student. I practice it for thirty minutes every day. I am a pro player, but I am not in the Hong Kong team yet. I wish I can be a team player when I grow up.

School Picnic Day

6C Choi Wang Ngai, Alvin

Thursday, 23rd November Weather: Sunny and hot

Today, I brought a lot of things with me to school because it was school picnic today. This was the last time I went to the school picnic with my friends, so I was excited on my way to the destination.

When we were going to the Hong Kong Baptist Assembly in Fanling, my friends played online games on their phones. Brett and Wayne are my best friends at school. Although Brett is in the other class, we roasted marshmallows together during barbecue time. We used the barbecued forks to cook other food such as fish balls.

Suddenly, someone dropped the marshmallows into the barbecue pit and the fire grew bigger! We thought the food would be cooked faster if we threw in more marshmallows, and it worked! So, we threw in a lot of marshmallows to make a big fire and we laughed so loudly!

After that, we played football and badminton. We played for a long time and we felt tired, so we went to buy some ice cream and drinks from the food stall.

Finally, it was time to go back to school. I had the best picnic ever!

My Birthday

6D Lu Tina

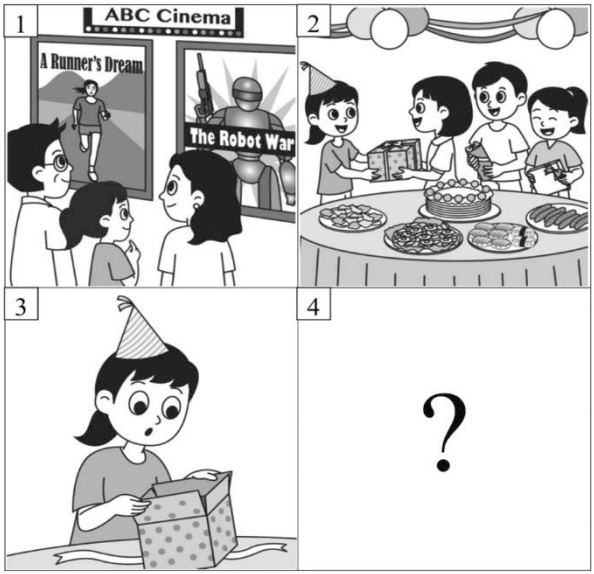
15th October, 2023 Sunny

Yesterday was my birthday, so we decided to celebrate. My parents and I went to ABC Cinema in Diamond Hill to watch the latest movie 'A Runner's Dream' in the afternoon. It was touching because a female runner worked hard for her goal and finally her dream came true.

In the evening, my parents held a birthday party for me at home. They prepared a wonderful buffet. There were chicken wings, fish balls, chicken nuggets, spaghetti, ham and seafood. They also made a chocolate cake for me. I invited my friends and had fun together. Before the party ended, they sang a birthday song, gave me lots of gifts and sent blessings.

The most impressive gift I have received was from Rose. When I opened the big gift box with curiosity, something moved inside! It was a white, fluffy puppy with a long tail. I was surprised because I have never thought I could be a pet owner. I can learn how to take care of others.

I hugged the cute puppy excitedly and thanked Rose. I named it 'Sandy'. After everyone patted Sandy, they left. I learnt that we should cherish our family and friends. I hope that Rose and I will be friends forever!



My Graduation Camp

6D Lam Hiu Ching, Whitney

Our P.6 three-day Graduation Camp was held in mid-March. That was one of the most wonderful memories with my classmates!

The most unforgettable one was on Day One. We marched in the Activity Centre. The marching was hard, but we tried. In the end, we did it! After that, we designed and shared our team name. We were the first team to share in front of our classmates. Also, we played team games and won at last! In the evening, we had a barbecue party. We sat around the barbecue pits which were near the Viewing Terrace. Each student would have some food such as two chicken wings, two fish balls, some meat, marshmallows and bread. They were so yummy!

I enjoyed this camp a lot because I could have a chance to play with my classmates. Also, I could look at the beautiful view and appreciate the beauty of Mother Nature.



Although my classmates said, 'The tiring part was the marching steps – one thousand and one, one thousand and two…', we still had wonderful memories and learnt to understand the importance of team spirit.

Self-introduction

6D Yu Chun Kit, Keith

I am Yu Chun Kit, Keith. I am eleven years old and I live in Wong Tai Sin. I study in Canossa Primary School. I am helpful. I always help my teachers and schoolmates in need.

My favourite subject is Maths because I like doing sums. I am the Maths leader in my class. Also, I got the Award of the Best Improvement in Maths in Primary Five.

In my free time, I like playing table tennis and online games. Playing sports and games makes me relax and reduces my stress. I also like listening to music such as 'Lonely Warrior'.



My favourite book is the famous novel 'Harry Potter'. I like the whole series because the plot is really exciting! From the novels, I learn to be brave when facing challenges.

視藝科

2023-2024

藝術作品

視覺



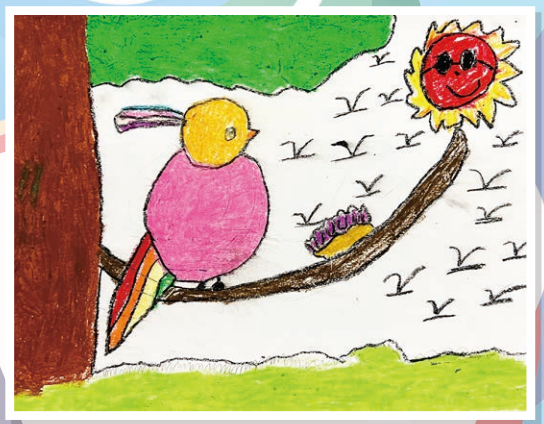




1A 李爾心 雜耍小丑



1A 高穎琳 彩虹鳥



1A 梁予翹 彩虹鳥



1B 郭泳沂 雜耍小丑



1B 彭康妍 煙花



1B 雷子諾 彩虹鳥



1C 陳栢豪 彩虹鳥



1C 劉嘉琪 煙花



1C 葉曉瞳 自畫像



1D 朱子聰 彩虹鳥



1D 馮思允 彩虹鳥



1D 温丞浙 雜耍小丑



2A 陳欣悅 太陽花



2A 郭承恩 海底世界



2A 鍾芷蕎 水彩樹



2B 庄皓然 雪人



2B 尹靖稀 海底世界



2B 黎旭恒 太陽花



2C 黃啟誠 圖案的排列



2C 黎芷澄 火雞杯



2C 張逸晞 夜幕降下



2D 關芯兒 圖案的排列



2D 陳梓玥 同心圓



2D 繆希兒 生日蛋糕



3A 陳深穎 色輪



3A 李浚禧 我的鄰座同學



3A 葉芍蕎 蝴蝶



3B 胡泳鷸 創意點線面



3B 王思婷 色輪



3B 林俊杰 蝴蝶



3C 劉鍶婷 點線面



3C 黃梓臻 色輪



3C 唐樂澄 可愛的蒲公英



3D 陳厚丞 立體車



3D 李祖兒 可愛的蒲公英



3D 余恩妍 創意點線面



4A 魏愷彤 貓咪剪影



4A 許熹翹 飛鳥



4A 周芊妤 奇雨



4B 曾穎瑜 貓咪剪影



4B 黃瑋 我愛黃大仙



4B 潘彥霏 我愛黃大仙



4C 唐緻樂 色彩練習



4C 王思媚 手掌畫



4C 張馨尹 視藝迷宮



4D 李梓銘 齊來做建築師



4D 伍倬穎 排排坐



4D 甄紫琪 我愛黃大仙



5A 金希朗 馬蹄斯 色彩拼貼



5A 陳凱瑩 真是超現實



5B 鄧希晴 向日葵



5A 吳金妍 真是超現實



5A 蘇靖頤 曼陀羅



5B 陳欽宇 真是超現實



5B 鄧希晴 鏡子碎片



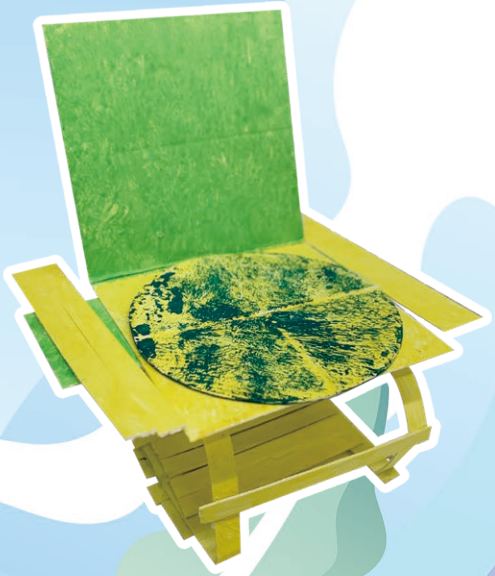
5B 湯斐斐 真是超現實



5C 丁韋森 椅子



5C 張嘉仁 馬蹄斯 色彩拼貼



5C 林陽東 椅子



5C 謝曉烜 向日葵



5D 柯焯仁 馬蹄斯 色彩拼貼



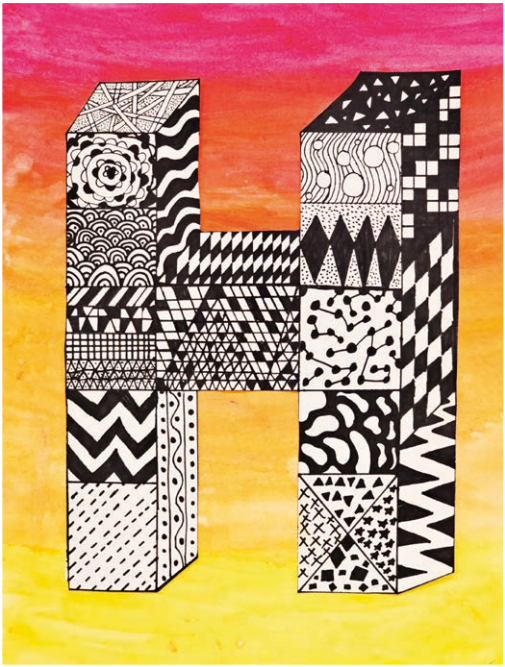
5D 張皓然 樹木



5D 鍾嘉謙 馬蹄斯 色彩拼貼



6A 何子言 生命樹



6A 陳柏謙 活出我的名字



6A 陳可遊 活出我名字



6A 姚倩儀 風光如畫 點描



6B 黃覺瑩 風景如畫 點描



6B 梁樂怡 剪紙



6B 周鈺峰 我和會祖有個約會



6B 吳琬瑩 我和會祖有個約會



6C 鍾晞妍 風景如畫



6C 張莉雅 風景如畫 點描



6C 莊詠希 活出我的名字



6C 陳詠心 書包



6D 蘇曉恩 剪紙



6D 蔡東儒 剪紙



6D 林曉晴 生命樹



6D 陳家欣 我和會祖有個約會

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